

PE AND SPORT PREMIUM FUNDING – SPENDING IMPACT REPORT 2022 - 2023

FUNDING RECIEVED

Number of eligible pupils: 99	Total amount received: £17,020
-------------------------------	--------------------------------

OBJECTIVES

OBJECTIVE 1 – Engaging all pupils in regular physical activity

<u>Actions Taken</u>		<u>Funding Spent</u>	<u>Evidence and Impact</u>	<u>Sustainability and Suggested next Steps</u>
1	Renewal of subscription to 'The PE Hub'	£260	These schemes of work support Early Years Foundation Stage and Key Stage 1 in the delivery of PE. They give the staff a clear outline of what they should be teaching. Teachers are enjoying following the scheme and the children are enjoying the lessons.	Continue to embed the scheme of work fully and ensure that we have equipment to match all activities and that it is readily available to use.
2	Participation in Wake Up Shake Up	£Free	All children have the opportunity to start their day with Physical activity.	Purchase a subscription to enable us to provide a wider range of exercises for the children.
3	Every class participates in the 'Monkton Mile', active break times using the active playground or climbing wall.	£Free	Children will have access to structured physical activities during play times to keep them active.	Continue to utilise the track and complete timetabled laps in each class. Aim to start with a small amount of laps and increase these as the year progresses and fitness levels improve.
4	Run sports '4 o'clock' clubs after school x2 per week	£Free	Open to any children who would like to attend, children get to improve team work skills whilst staying active through fun games and activities they can then use on the playground during break and lunch time.	Continue 2x sports 4 o'clock clubs a week.

Monkton Infants School

OBJECTIVE 2 – Raising the profile of PE and sport across the school as a tool for whole-school improvement

<u>Actions Taken</u>		<u>Funding Spent</u>	<u>Evidence and Impact</u>	<u>Sustainability and Suggested next Steps</u>
1	Purchase of new PE equipment	£2715.14	Children have a wider range of equipment to access during play times in order to stay active. It will promote active games and encourage participation.	Monitor and evaluate what is popular and what works well on the playground.
2	Celebrate sporting achievements outside of school	£Free	Children enjoy sharing their achievements and others like to find out the sports and activities they have participated in.	Encourage children to bring in sporting achievements to share within whole school assemblies once they are able to take place.

OBJECTIVE 3 – Increasing staff members’ confidence, knowledge and skills in teaching PE and sport

<u>Actions Taken</u>		<u>Funding Spent</u>	<u>Evidence and Impact</u>	<u>Sustainability and Suggested next Steps</u>
1	Subscription to the SLA	£6210	PE co-ordinator is able to attend training courses to stay up to date with ongoing changes and updates that may affect PE. PE co-ordinator will be able to feed back to staff regularly and pupils will benefit from any new updates that need implementing in school.	Continue to buy into the SLA (discounted for a longer time scale) in order to have up to date knowledge and training for leaders and staff members.
2	Attendance of courses	Part of the SLA agreement	Attend all PE coordinator meetings. Read new articles on the AFPE website and other websites. Feedback to staff regularly in order to ensure that they are always up to date with any changes and information.	To continue to keep up to date any new developments within PE from the SLA or nationwide and feedback this information to staff either in staff meetings or email.

Monkton Infants School

OBJECTIVE 4 – Offering pupils a broader range of sports and activities

<u>Actions Taken</u>		<u>Funding Spent</u>	<u>Evidence and Impact</u>	<u>Sustainability and Suggested next Steps</u>
1	Yoga sessions for Year 1 in Spring term 1 & 2 provided by the Local Authority	Part of the SLA agreement	Children will learn the benefits of mindfulness whilst learning some simple yoga moves and breathing techniques.	Teachers will learn skills to apply in the classroom to aid children’s mindfulness and mental health, also targeting a specific set of boys in the year group with escalating behaviour.
2	Multi-skills sessions for Reception in Spring term 1	Part of the SLA agreement	Children have the opportunity to work alongside external coaches in a variety of activities learning new skills and gaining confidence.	Staff and children will continue to use the new skills acquired in and out of school, using new equipment purchased to go along side these.
3	Football sessions for Year 2 in the Summer term	Part of the SLA agreement	Children have the opportunity to work alongside external coaches in a variety of activities learning new skills and gaining confidence.	Staff and children will continue to use the new skills acquired in and out of school, using new equipment purchased to go along side these.
4	Participation in Activ5 through the SLA	Part of the SLA agreement.	Children able to participate in a variety of challenges and activities within their class and use and apply skills in different ways. Some helped the children to improve teamwork skills and develop a further understanding of working together to solve problems in sports and activities.	Continue to ensure that pupils understand that you don’t need a large space or expensive equipment to stay active. Continue to provide pupils with a broad range of sporting activities so they can develop skills in variety of ways.
5	Providing PE activities as part of home learning through ‘The PE Hub’ subscription	Part of PE Hub Subscription	Children were able to have the opportunity to take part in physical activities whilst at home. They also gave parents ideas and ways to keep their whole family active.	Continue providing physical Friday homework for children in order to encourage physical activity and keeping active over a weekend or during the week with their family.
6	African Dance Workshop	£450	Children were able to consolidate their learning of Africa within Geography but also increase their awareness of dance in other cultures.	Suggested lesson idea for Year 2 teachers to include next year, exposing children to African dance.
7	BlueJay Wellness - Yoga and Mindfulness (1 day)	£75	Children participated in a one off mindfulness session for Mental Health week.	Use of the mindfulness techniques within class.
8	Jump Start Membership	£239	Children watch Jump Start videos for brain breaks and during Wake Up Shake Up sessions.	Continued use of the Jump Start videos to help children with self-regulation and concentration.

Monkton Infants School

9	Commando Joes	£1750	Children participated in Commando Joe lessons as an extra add-on to the P.E curriculum – increasing self-confidence and improving team work and creativity. However, these lessons were not regular and use of the equipment was rare.	Ensure Commando Joe is used throughout the school and integrated into the timetable.
---	---------------	-------	--	--

OBJECTIVE 5 – Increasing pupils’ participation in competitive sport

Unable to participate in competitive sporting activities across the LA due to restrictions.

<u>Actions Taken</u>		<u>Funding Spent</u>	<u>Evidence and Impact</u>	<u>Sustainability and Suggested next Steps</u>
1	Register classes and year groups to take part in events and competitions held by LA	Part of the SLA agreement	Children will have the opportunity to take part in various sporting activities alongside other schools.	Return to organised events and games and ensure each year group is given the opportunity to take part in events for their age range.

IMPACT SUMMARY

<u>Impact Area</u>	<u>Summary</u>
What has been the impact on pupils’ participation?	<p>Pupils are keen to use the equipment and explore ways to use it to keep active. They have recalled skills learned in lessons and some have used these on the playground.</p> <p>Mindfulness yoga sessions have improved some of the boys’ behaviour in Year 1 overall by providing them with strategies for self-regulation. These are now occasionally used within the class and on the yard.</p> <p>More Year 2 children now attend external football clubs due to their love of the football sessions with our coach – the football sessions were incredibly popular and children loved the competitive aspect.</p>
What has been the impact on pupils’ attainment?	<p>The mindfulness sessions helped the children’s focus and concentration, some became more in tune with their breathing and how these mindfulness sessions can improve the health and mental wellbeing.</p> <p>Children seem more focused on their work when they have participated in short bursts physical activity such as active breaks as a transition between lessons.</p>
How will the school sustain the improvements?	<p>Teachers will continue to use the embedded PE curriculum in two timetables sessions per week. They will continue to raise the profile of PE throughout active breaks, short bursts of activity in transition to lessons and continue to celebrate achievements.</p> <p>We will monitor the use of the outdoor shed and make sure it is being used effectively so that all equipment can be accessed each break time.</p>

Monkton Infants School

<u>Key Achievements to Date</u>	<u>Areas for Further Improvement</u>
<p>Embedding the new PE curriculum across both EYFS and KS1.</p> <p>Children have a wider variety of equipment to use to stay active during play times and lunch times.</p> <p>P.E mats are now safer to use – cushioning falls and supporting gymnastics.</p> <p>Mindfulness yoga sessions provided to help with children’s self-regulation in Year 1.</p> <p>Highly engaging football sessions for Year 2 which have inspired a love of the sport with both the boys and girls.</p>	<p>Set up a football club</p> <p>Continue organising sporting visitors/themed activity days to encourage and inspire pupils (external providers)</p> <p>Ensure PE equipment for lessons and playtimes is varied with plenty for each child.</p> <p>Continue to engage pupils in new activities with trained coaches helping them continue to learn new skills.</p> <p>Delegate time/days to use the Commando Joes equipment due to lack of use this year.</p>