

Mental Health Parent and Carer Peer Support Group

Our peer support group is safe space for those parents and carers who are supporting a child or young person struggling with emotional or mental health to be heard, supported and to share stories with others.

| EVENT DETAILS | | |
|---------------|--|-------------|
| Date | Link | Time |
| 20/10/2021 | <p><u>Parent and Carer Support Group</u> GUESTS – LIFECYCLE</p> <p>Your opportunity to meet the team representative and have an insight into the service.</p> <p>Contact michelle.olsen@southtyneside.gov.uk for a link to join.</p> | 4:00 - 5:30 |
| 18/11/2021 | <p><u>Parent and Carer Support Group</u> GUESTS - CYPS</p> <p>An opportunity to understand the role of CYPS Service in South Tyneside.</p> <p>Contact michelle.olsen@southtyneside.gov.uk for a link to join.</p> | 4:00 - 5:30 |
| 16/12/2021 | <p><u>Parent and Carer Support Group</u> GUEST – LGBT+ Service</p> <p>Develop an insight into how the LGBT+ service provides support to families in South Tyneside</p> <p>Contact michelle.olsen@southtyneside.gov.uk for a link to join.</p> | 1:00 - 2:30 |

