


Ashley Primary School Health and Relationships Overview 2020-21
(Discovery Education Programme)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Healthy bodies, healthy minds	Healthy and Happy Friendships	Families and Committed Relationships	Similarities and Differences	Caring and Responsibility	Coping with Change
Year 2	Healthy and happy friendships	Similarities and differences	Caring and responsibility	Families and committed relationships	Healthy bodies, healthy minds	Coping with change
Year 3	Healthy Bodies, Healthy Minds	Healthy and Happy Friendships	Similarities and Differences	Coping with Change	Caring and Responsibility	Families and Committed Relationships
Year 4	Healthy Bodies, Healthy Minds	Healthy and Happy Friendships	Similarities and Differences	Caring and Responsibility	Families and Committed Relationships	Coping with Change
Year 5	Healthy Bodies, Healthy Minds	Healthy and Happy Friendships	Healthy and Happy Friendships	Caring and Responsibility		Coping with Change
Year 6	Healthy Bodies, Healthy Minds-being the best me	Healthy and Happy Friendships-Relationships and feelings	Respectful Behaviour Online and Offline-Similarities and Differences/ Drugs, Alcohol and Tobacco	Responsible behaviour as we get older-caring and responsibility	Families and Committed Relationships-starting a family	Coping with Change-emotional effects of life changes