

The Beacon Centre

PSHRE

PSHRE (Personal, Social, Health, Relationship and Economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSHRE education helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain. PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. PSHE education makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is 'broadly based, balanced and meets the needs of pupils'. Schools must 'promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life' while having a duty to keep pupils safe.

	Bonsais	Aspens	Blossoms	Redwoods	Oaks
Autumn 1	Positive Relationships Relationship Values Forming and maintaining relationships	Bullying, Abuse and Discrimination Social Influences	Puberty and Sexual Health Consent Contraception and Parenting	Drugs, alcohol and tobacco Managing Risk and Personal Safety	Self-Concept
Autumn 2	Self-Concept	Positive Relationships Relationship Values Forming and maintaining relationships	Bullying, Abuse and Discrimination Social Influences	Puberty and Sexual Health Consent Contraception and Parenting	Drugs, alcohol and tobacco Managing Risk and Personal Safety
Spring 1	Drugs, alcohol and tobacco Managing Risk and Personal Safety	Self-Concept	Positive Relationships Relationship Values Forming and maintaining relationships	Bullying, Abuse and Discrimination Social Influences	Puberty and Sexual Health Consent Contraception and Parenting
Spring 2	Puberty and Sexual Health Consent Contraception and Parenting	Drugs, alcohol and tobacco Managing Risk and Personal Safety	Self-Concept	Positive Relationships Relationship Values Forming and maintaining relationships	Bullying, Abuse and Discrimination Social Influences
Summer 1	Bullying, Abuse and Discrimination Social Influences	Puberty and Sexual Health Consent Contraception and Parenting	Drugs, alcohol and tobacco Managing Risk and Personal Safety	Self-Concept	Positive Relationships Relationship Values Forming and maintaining relationships
Summer 2	Mental Health and Emotional Wellbeing	Mental Health and Emotional Wellbeing	Mental Health and Emotional Wellbeing	Mental Health and Emotional Wellbeing	Mental Health and Emotional Wellbeing