

# Physical Education

## Intent

When teaching physical education at The Beacon Centre we provide a high-quality physical education curriculum which caters for the needs of all individuals and sets them up with the necessary skills and knowledge for them to be successful in their future adventures.

We provide a curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. Providing opportunities;

- For pupils to become physically confident in a way which supports their health and fitness.
- To compete in sport and other activities which build character and help to embed values such as fairness and respect.
- To ensure all pupils develop competence to excel in a broad range of physical activities.
- For pupils to be physically active for a sustained period of time.
- To engage in competitive sports and activities, this may be against themselves or others.

We believe that sport and other physical activities build character and help to develop: respect, care, responsibility and resilience. The children are encouraged to lead healthy and active lives.