

MANHEALTH



Mental Health Support for Men in South Tyneside

In response to the COVID-19 situation, ManHealth are piloting a new live chat and connect service for South Tyneside residents via this web page from 5-7pm each evening, starting 27th April.

Men experiencing mental health issues can chat in confidence with one of our trained group leaders to get support and find out about ManHealth peer support groups in the area.

Click the links below to get in touch if you are a man in South Tyneside seeking support or if you are a support worker wishing to refer a client. ManHealth is funded by Public Health in South Tyneside.

www.manhealth.org.uk/styne