



## MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAL OF THE DAY</b> £2.20	<b>Southern style chicken with Saute Potatoes &amp; vegetables</b>	<b>Shepherd's Pie served with Vegetables</b>	<b>Roast Turkey Breast with Roast Potatoes &amp; Veg</b>	<b>Home-made Lasagne served with Garlic Bread</b>	<b>Sweet &amp; Sour Chicken served with Rice</b>
<b>VEGETARIAN MEAL OF THE DAY</b> £1.80	<b>Lentil Moussaka served with Salad</b>	<b>Chinese Vegetable Chow Mein</b>	<b>Cauliflower &amp; Broccoli Mornay served with Salad</b>	<b>Vegetable Balti served with Savoury Rice</b>	<b>Spicy Roast Vegetable Fajitas served with Potato Wedges</b>
<b>TODAY'S SNACK IN THE ARENA</b>	<b>Assorted Pizza</b>	<b>Hot &amp; Spicy Chicken Burger £1.25</b>	<b>¼ pounder Beef burger £1.35</b>	<b>Spicy Chicken &amp; Cheese Panini £1.70</b>	<b>Fish Finger Bap with Ketchup</b>
<b>ALL YOU CAN EAT SALAD BAR</b> £2.20	<b>Please see our display for today's choice</b>	<b>Please see our display for today's choice</b>	<b>Please see our display for today's choice</b>	<b>Please see our display for today's choice</b>	<b>Please see our display for today's choice</b>

**ALSO AVAILABLE - JACKET POTATOES, SANDWICHES, WRAPS & DAILY SPECIALS**  
**MANY OF OUR DISHES CONTAIN ALLERGENS- PLEASE ASK A MEMBER OF STAFF FOR DETAILS**