

SPORT

BTEC L3 EXTENDED CERTIFICATE

PEARSON

Entry Requirements	4 in GCSE or Merit at Btec. Or adequate sporting knowledge
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Brief introduction to subject:

BTEC Sport is a level three course, suited to pupils who wish to pursue a career in the sporting industry. Several units will be taught over the two years of the course with both internal and external assessments. The external assessments are written papers and responses to scenarios in anatomy and physiology and fitness training. The final mandatory unit links back to the careers in the sporting industry and is internally assessed. After these three units there is one optional unit that must be completed, and there is a choice of four. The unit that is chosen will depend on the dynamics of the group that begin the course.

Progression to Career/ University Courses:

Successful completion of the whole course does carry UCAS points equivalent to one A Level. So in addition to the above ideal preparation for a career in the sporting industry, higher education is an option. Whilst specialist PE courses at university may be looking for an A Level in PE, studies may still be viable. Successful candidates may also open avenues for sports science, sports management and sports / fitness coaching studies at university.

Key Points:

- Whilst practical performance levels don't have to be exceptional, knowledge of sport is required to complete the coursework.
- Your knowledge of human science needs to be of an adequate standard to recognise the effects of exercise on the body and how this will influence sporting performance.
- The ability to meet deadlines with high quality work is essential; lots of this work will be done during your own time (e.g. research, revision and coursework completion).
- For the fitness testing unit a scenario will be presented two weeks before a written response (in exam conditions) is required.

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Unit Number	Unit Title	Type	Assessment
1	Anatomy and Physiology	Mandatory	External (exam 1.5 hours)
2	Fitness Training and Programming	Mandatory (synoptic)	External (60 mark written response to scenario)
3	Professional Development in the Sports Industry	Mandatory	Internal
4	Sports Leadership	Optional	Internal
5	Application of Fitness Testing	Optional	Internal
6	Sports Psychology	Optional	Internal
7	Practical Sports Performance	Optional	Internal