

XP East

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xpeast.org



Principal: Claira Salter

DATE 19th July 2023

Dear Parents and Carers,

On Thursday 31st August 2023 C27 will be taking part in fieldwork to The Peak District - Miller's Dale. They will participate in a number of activities such as abseiling, team building and orienteering.

This fieldwork is integral to our first week back of the new school year, the focus of which is Crew. Fieldwork supports students and crew leaders in reconnecting as Crew after the summer break, reconnecting with our Character Traits and HoWLs and preparing for the important year ahead.

We will depart school at 8:00am, students need to arrive at school by **7:30am** and our expected arrival time back at school is approx **17:15..** We will provide updates on our expected arrival time back at school via the school website as this can be impacted by events out of our control such as traffic.

Students will need a packed lunch for this fieldwork. If your child is in receipt of free school meals, a lunch will be provided.

If you have any questions about this fieldwork, please contact me on aparker@xpschool.org / mcocliff@xpschool.org or get in touch with your child's crew leader.

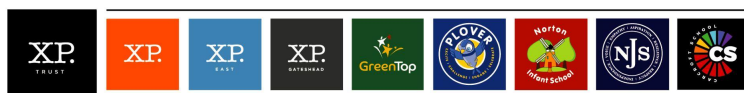
With thanks,

Angella Parker

XP East Phase Lead Y10/Y11

Mel Cocliff

XP Phase Lead Y10/Y11



Miller's Dale Kit List

PERSONAL KIT:	Check
Rucksack / School backpack	
Water bottle (1 to 2 litres)	
Waterproof Outer Jacket	
Appropriate outdoor shoes Sturdy trainers or hiking boots depending on terrain	
Warm hat	
Gloves	
Sun hat & sun cream	
Additional items	
Packed Lunch: This needs to be a substantial lunch as students will be doing physical activities. This will be provided for students who are eligible for Free School Meals.	
Personal medication: please inform your Crew Leader of any medication you need or will be bringing with you and hand over to them the morning of the expedition. All medication must be in its original packaging stating the name, dose etc. This should be put in a sealed plastic zip lock bag. Students must not keep medicines on them or self medicate without supervision! Any medicines must be clearly stated on their medical form.	

- Above is a list of the basic kit both staff & students need to have when taking part in any XP Outdoor activities. These items should be checked by crew leaders to ensure students have the appropriate clothing.
- There will be additional activities when additional kit is required for which you will be given specific details of.
- Here is some information to help when choosing appropriate items, [Choosing Kit](#)