

**XP East**

Middle Bank, Doncaster, DN4 5NG.

01302 898792

office@xpeast.org

**xpeast.org**



**Principal:** Clairia Salter

**DATE 19th July 2023**

**Dear Parents and Carers,**

On Wednesday 30th August 2023 C28 Will be taking part in a hike at Flamborough Head. They will walk approx 6.97km and enjoy the scenery along the way. .

This fieldwork is integral to our first week back of the new school year, the focus of which is Crew. Fieldwork supports students and crew leaders in reconnecting as Crew after the summer break, reconnecting with our Character Traits and HoWLs and preparing for the important year ahead.

We will depart school at 8:30am, students need to arrive at school by **8:00am** and our expected arrival time back at school is approx **16:30**. We will provide updates on our expected arrival time back at school via the school website as this can be impacted by events out of our control such as traffic.

Students will need a packed lunch for this fieldwork. If your child is in receipt of free school meals, a lunch will be provided.

If you have any questions about this fieldwork, please contact me on [ewatson@xpschool.org](mailto:ewatson@xpschool.org) / [cmorrison@xpschool.org](mailto:cmorrison@xpschool.org) or get in touch with your child's crew leader.

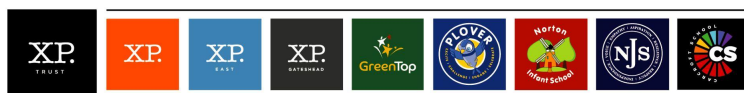
With thanks,

**Emma Watson**

**XP East Phase Lead Y8/Y9**

**Chris Morrion**

**XP Phase Lead Y8/Y9**



## Flamborough Kit List

PERSONAL KIT:	Check
<b>Rucksack/ School backpack</b>	
<b>Water bottle</b> (1 to 2 litres)	
<b>Waterproof Outer Jacket</b>	
<b>Appropriate outdoor shoes</b> Sturdy trainers or hiking boots depending on terrain	
<b>Warm hat</b>	
<b>Gloves</b>	
<b>Sun hat &amp; sun cream</b>	
Additional items	
Packed Lunch This needs to be a substantial lunch as students will be doing physical activities. This will be provided for students who are eligible for Free School Meals.	
Personal medication.: please inform your Crew Leader of any medication you need or will be bringing with you and hand over to them the morning of the expedition. All medication must be in its original packaging stating the name, dose etc. This should be put in a sealed plastic zip lock bag. Students must not keep medicines on them or self medicate without supervision! Any medicines must be clearly stated on their medical form.	

Above is a list of the basic kit both staff & students need to have when going on a day hike in lowland countryside. The kit is **mandatory**, however there may be additional recommended items which the hike lead has added eg non cotton clothing. Kit is checked prior to departing to ensure students have the appropriate clothing.

Here is some information to help when choosing appropriate items, [Choosing Kit](#).

