

Y11/C25 WEEKLY PLANNER

12th June 2023
EXAM WEEK 4



This week's important C25 reminders/messages



- **Our last full week of exams! You've got this!!!**
- Remember - we are meeting on XP/ XPE stairs after the English exam (inc. extra timers) for our end of school photos. Fetch a hairbrush :)
- **Locker must be emptied this week - we will check these on Thursday.** You can return your key to the office to claim your £5 deposit back.
- Look out for details about our final couple of weeks in school, including Final Word details and our Y11 Celebration Event on 30th June!
- Hoodie and Alton Towers payments are due this week - details on parentpay or cash to Mrs Parker or Miss Cocliff, please.
- Breakfast club is on all week this week. See you there :) x



What's on our plate: Monday 12th



| Crew | Session 1 | Break | Session 2 | Session 3 | Dinner | Session 4 | Session 5 |
|--|--|-------|-----------|-----------|--------|--|-----------|
| Pre Exam Session XP East Stairs CDE/NJO | English Language: Component 2 (2 hours) ET 2.5hrs Session 3 - XPE: NSR/NJO/CDE XP: SEL/HHI | | | | | Business: Paper 2 (1hr 45mins) Statistics: Paper 1 (1hr 45mins) | |

What's on our plate: Tuesday 13th



XP.
TRUST

| Crew | Session 1 | Break | Session 2 | Session 3 | Dinner | Session 4 | Session 5 |
|---------------|---|-------|--|---|--------|---|-----------|
| Chem revision | Chemistry: Paper 2 (1hr 15mins) Triple (JR) 1h45 | | Spanish Revision DPE/NSP DPE - A02 NSP - X14 Maths (Non-Spanish - JEL/RBY Drama Space) | Spanish Revision NSP - XP X11 DPE - XPE A02 Maths (Non-Spanish group - JEL/RBY Drama Space) | | Spanish: Paper 4 F 1 hour H 1hr 15 Maths (citizenship group - JEL/RBY) Drama space | |



What's on our plate: Wednesday 14th



| Crew | Session 1 | Break | Session 2 | Session 3 | Dinner | Session 4 | Session 5 |
|-----------------------------------|--|-------|-----------|-----------|--------|--|---|
| Maths pre-exam session JEL/RBY | Maths: Paper 3 (1hr 30mins) Session 3: XPE: Independent Study in class groups A03/A02 SHA/NJO XP: Independent Study in class groups X05/A09 KTA/JDO | | | | | History XP: SEL Room X11 + X13 XPE: SHA/APA Room A08 + A07 | History XP: SEL X11 + X13 XPE: SHA Room A08 + A07 |



What's on our plate: Thursday 15th



XP
TRUST

| Crew | Session 1 | Break | Session 2 | Session 3 | Dinner | Session 4 | Session 5 |
|-----------------------|--|-------|-----------|-----------|--------|---|--|
| Pre exam prep history | <p>History: Paper 3 (1hr 45mins)</p> <p>Session 3: Independent Study in class groups</p> <p>XPE: PBU/CDE/ASP XP: KTA/JDO/JNI</p> | | | | | <p>Geography Revision HHI A02</p> <p>Physics revision NSR/JNI/ MVO/JEL</p> <p>Foundation: Drama space</p> <p>Higher: E04 (</p> | <p>Geography Revision HHI A02</p> <p>Physics revision NSR/JNI/ MVO/ JEL</p> <p>Foundation: Drama space</p> <p>Higher: E04</p> |



What's on our plate: Friday 16th



| Crew | Session 1 | Break | Session 2 | Session 3 | Dinner | Session 4 | Session 5 |
|--------------------------|---|-------|-----------|-----------|--------|---------------------------------|-----------|
| Physics pre-exam session | Physics: Paper 2 (1hr 15mins) **students can leave after Physics exam unless they are sitting the geography exam** Session 3 - Geog Paper 3 revision HHI A02 | | | | | Geography: Paper 3 (1hr 15mins) | |



Coping with exam stress

“It’s normal to feel anxious on the day of your exam. If you feel overwhelmed at any point you could try doing some breathing exercises. It’s okay to take your time in the exam – taking a moment to breathe and think things through can help reduce anxiety and make answering the questions easier.”

Go to: <https://www.youngminds.org.uk/young-person/> for lots more help and advice.



The screenshot shows a web browser window with the URL <https://www.youngminds.org.uk/young-person/>. The page has a purple background and a yellow header with the title "Coping with exam stress". Below the title, there is a paragraph of text: "In the build up to exams, it's normal to feel stressed, anxious or overwhelmed. These feelings can be difficult to manage, but there are things that can help with your wellbeing over this time. Take a look at some of our tips for managing stress during exam season, or view our full guide on coping with exam stress." To the right of this text is a vertical list of six pink buttons, each with a white checkmark and a dropdown arrow. The buttons are: "Keeping well on study leave", "Staying connected with others", "Reducing stress when revising", "Staying calm on the day", and "Relaxing after your exam". Below the text and buttons is a yellow button with the text "Guide to coping with exam stress" and a right-pointing arrow. At the bottom left of the page is a photograph of two students in a classroom setting.

