

Y11/C25 WEEKLY PLANNER

5th June 2023
EXAM WEEK 3



This week's important C25 reminders/messages



Welcome back to your final term, C25!!

- On **Tuesday**, your afternoon maths revision will run until **5pm** (food/drink will be provided!)
- We'll be running **GCSE breakfast club Mon-Wed** this week - join us in the student kitchen at XPE **8am-8.20am** for cereals, pastries and Mrs Parker's burnt toast ;)
- On **Friday**, we'll be having a **special Crew breakfast** - the kitchen will be serving us **bacon/sausage butties 8am-8.30am** as a special mid-exam point treat!
- It's really important that you arrive **on time** for all exams and time-tabled revision sessions - **including Crew at 8.30am!!**
- We will be closing orders for **Leavers Hoodies** today (Monday) at 3.30pm
- Don't forget to return your slips for **Alton Towers** asap (or let Mrs P or Miss C know if it's a yes or no!)



Shout Outs - great 'stuff' sharing page



A notice board for any member of staff or student to add a shout out for the great 'stuff' which is going on in Year 11:

- Absolutely amazing to see so many of you attending revision sessions during half term. A massive well done to you all, and huge appreciations to the staff who delivered these :)



What's on our plate: Revision Sessions



Day	Time	Event
Monday	3:30-4:30pm	Spanish Learning Labs (Mrs Sprakes in X08) Maths intervention with Elvis
Tuesday	3:30- 5pm	Maths Revision for all until 5pm (there will be snacks!)
Wednesday	3:30-4:30pm	No revision
Thursday	3:30-4:30pm	History Drop In



What's on our plate: Monday 5th



Crew	Session 1	Break	Session 2	Session 3	Dinner	Session 4	Session 5
<p>8am Breakfast Club</p> <p>English Lang. pre-exam session CDE/NJO</p>	<p>English Language: Component 1</p> <p>(1 hour 45 mins) (2hrs 12 mins ET)</p>			<p>Biology revision</p> <p>NSR/ MVO</p> <p>E03/E04/ E05</p>		<p>Spanish pre exam session</p> <p>NSP - XP X14</p> <p>DPE - XPE A02</p> <p>Maths Revision</p> <p>Higher P04 (JEL)</p> <p>Drama Space for everyone else</p>	

What's on our plate: Tuesday 6th



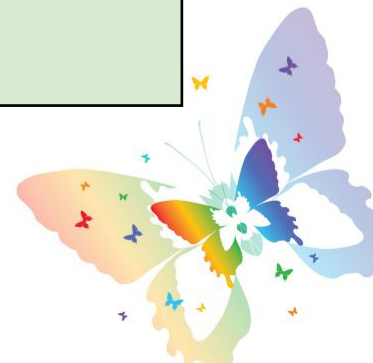
Crew	Session 1	Break	Session 2	Session 3	Dinner	Session 4	Session 5
8am Breakfast Club	Spanish: Papers 1 and 3 Paper 1 F 35 mins H 45 mins Paper 3 F 45 mins H 1 hr			Biology revision		History revision	Maths Revision (until 5pm)
Biology revision (Non Spanish students)	Biology revision			NSR/ MVO		XP: SEL X11 + X13	A02 Higher JEL
	NSR/ MVO			(E03/E04 - higher)		XPE: SHA A08 + A07	Drama Space for everyone else
	(E03/E04 - higher)			(Drama space - foundation)			
	(Drama space - foundation)						



What's on our plate: Wednesday 7th



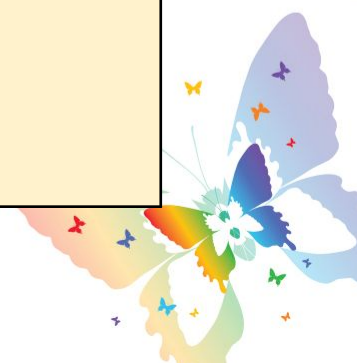
Crew	Session 1	Break	Session 2	Session 3	Dinner	Session 4	Session 5
8am Breakfast Club Maths pre-exam session	Maths: Paper 2 (1hr 30mins)			History pre-exam session XP: X11/X13 (SEL) XPE: A08 + A07 (HHI)		History: Paper 2 (1hr 45mins)	



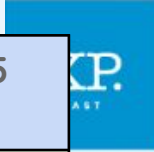
What's on our plate: Thursday 8th



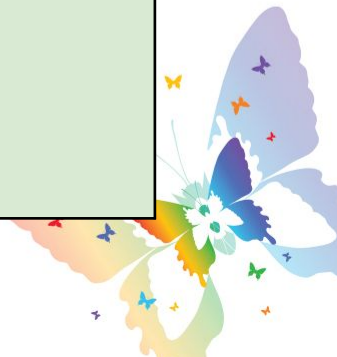
Crew	Session 1	Break	Session 2	Session 3	Dinner	Session 4	Session 5
CREW	GCSE PE exam 1hr 15 Component 2 Geography Revision A06		Geography Revision A08	Geography Revision A08		English Language: Component 2 Revision NJO/CDE XPE: Lorax XP: Drama Space	
	Stats & Chemistry revision - Groupings/ rooms given in Crew		Stats and Chemistry revision	Stats and Chemistry revision			



What's on our plate: Friday 9th



Crew	Session 1	Break	Session 2	Session 3	Dinner	Session 4	Session 5
CREW BREAKFAST (8-8:30)	Geography: Paper 2 (1hr 30mins)		Biology revision NSR/MVO/RCA/ JSM (E03/E04 - higher) (Drama space - foundation) NSR/MVO/RCA/ JSM				Biology: Paper 2 (1hr 15mins)
	Biology revision NSR/MVO/RCA/ JSM (E03/E04 - higher) (Drama space - foundation) NSR/MVO/RCA/ JSM						



Coping with exam stress

“It’s normal to feel anxious on the day of your exam. If you feel overwhelmed at any point you could try doing some breathing exercises. It’s okay to take your time in the exam – taking a moment to breathe and think things through can help reduce anxiety and make answering the questions easier.”

Go to: <https://www.youngminds.org.uk/young-person/> for lots more help and advice.



The screenshot shows a web browser window with the URL <https://www.youngminds.org.uk/young-person/>. The page has a purple background and a yellow header with the title "Coping with exam stress". Below the title, there is a paragraph of text: "In the build up to exams, it's normal to feel stressed, anxious or overwhelmed. These feelings can be difficult to manage, but there are things that can help with your wellbeing over this time. Take a look at some of our tips for managing stress during exam season, or view our full guide on coping with exam stress." To the right of this text is a vertical list of six pink buttons, each with a white checkmark and a dropdown arrow. The buttons are: "Keeping well on study leave", "Staying connected with others", "Reducing stress when revising", "Staying calm on the day", and "Relaxing after your exam". Below the text and buttons is a yellow button with the text "Guide to coping with exam stress" and a right-pointing arrow. At the bottom left of the page is a photograph of two students in a classroom setting.

