

# Y11/C25 WEEKLY PLANNER

**22nd May 2023**  
**EXAM WEEK 2**



# This week's important C25 reminders/messages



- We'll be running **GCSE breakfast club Mon-Thu** this week - join us in the student kitchen at XPE **8am-8.20am** for cereals, pastries and Mrs Parker's burnt toast ;)
- It's really important that you arrive **on time** for all exams and timetabled revision sessions - **including Crew at 8.30am!!**
- Don't forget, school breaks up on Friday for one week but we will be open for **Y11 revision sessions** - we have included the timetable in these slides as a reminder. Please schedule some time in to de-stress, too ;)



# What's on our plate: Revision Sessions



Day	Time	Event
Monday	3:30-4:30pm	Spanish Learning Labs ( Mrs Sprakes in X08) Science Revision Maths intervention with Elvis
Tuesday	3:30-4:30pm	Maths Revision
Wednesday	3:30-4:30pm	No revision
Thursday	3:30-4:30pm	History



# Shout Outs - great 'stuff' sharing page



A notice board for any member of staff or student to add a shout out for the great 'stuff' which is going on in Year 11:

- So proud of you all for smashing your first week of exams!
- Conduct has been awesome during exams this week. Massive well done!!!
- Appreciation to Sami & Ruby for completing some ace maths revision on Thurs night! MCO x



# What's on our plate

XP.

XP.  
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Monday 22/5	8.30	9.30	11-12.30		Lunch	1.15-2.15	2.15-3.15
8am Breakfast club	Chemistry pre-exam session	Chemistry: Paper 1 (1hr 15mins) Triple (1h45)	XPE: History SEL A07/A08  XP: English Revision CDE X11/13  Geography HHI P03			Geography: Paper 1 (1 hr 30m)	
						XPE: English (CDE/NJO) A07/A08  XP: History Admiral (SEL) X13 / Skipper (SHA) X14	XPE: Spanish/Cship (DPE/PBU) A03/A04  XP: History Admiral (SEL) X13 Skipper (SHA) X14

# What's on our plate



Tuesday 23/5	8.30	S1	Break	S2	S3	Lunch	S4	S5
<b>8am Breakfast club</b>	Citizenship revision  <b>EWI/PBU LORAX</b>  <b>Maths</b> (remaining students) X11, 13, 12, P03	<b>Physics: Paper 1 revision</b>  MVO/ PMC  Drama Space/A03/A04		<b>Physics: Paper 1 revision (STEAM)</b>  NSR/MVO/PMC Drama space/A02/A10/E03/E04	<b>Physics: Paper 1 revision (STEAM)</b>  PMC/MVO A09/A10/Drama Space		English Revision  CDE/NJO  XP Drama Space XPE E03/E04	English Revision  CDE/NJO  XP drama space XPE E03/E04



# What's on our plate



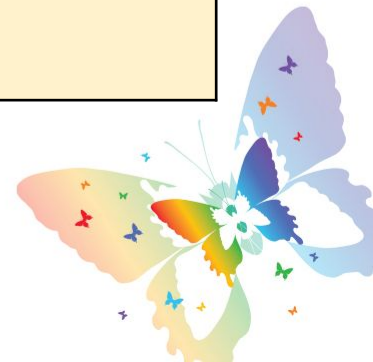
XP.  
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Wednesday 24/05	8.30am	9.30-12.00		1.15-3.15
8am Breakfast club	English Lit pre-exam session CDE/NJO	English Literature: Component 2 (2 hours and 30 minutes)		Citizenship: Paper 2 (1 hr 45 min)
				(Spanish students: <b>Physics revision</b> ) NSR/MVO (CDE cover MVO 4 & 5)  Session 4 XP X11/X13 XPE A03/A08  Session 5 XP Drama space XPE Lorax

# What's on our plate



Thursday 25/5	8.30am	9.30-12.30		Dinner	12.30-3.15
	Physics pre-exam session	<b>Physics: Paper 1 (1hr 15mins)</b>	<b>Maths</b> A10 - Group 1 (JEL) Drama Space - Group 2 (JNI) X12 - Group 3 (FMO) X11 - Group 4 (RBY)		<b>Maths</b> A10 - Group 1 (JEL) Drama Space - Group 2 (JNI) X12 - Group 3 (FMO) X11 - Group 4 (RBY)





# What's on our plate: Friday 26/5



Friday 26/5	8.30am	Morning 9.15-11.30
	Community Meeting	English Language revision 9.15-11.30 (finish at 11.30)  CDE/NJO  <b>Lorax</b>  (JEL, RBY, NSR, COG, MVO, DCU to support at diff points)



# HALF TERM REVISION SESSIONS



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	Tuesday 30th May	Wednesday 31st May	Thursday 1st June	Friday 2nd June
<b>AM</b>	<p><b>Higher Science:</b></p> <p>9.30 - 12pm</p> <p>NSR/MVO/CMO</p> <p>E03/E04</p>	<p><b>Statistics &amp; Maths:</b></p> <p>All students</p> <p>9am - 3pm</p> <p>JEL/JNI</p>	<p><b>Geography</b> 9am-10am HHI A08</p> <p><b>History:</b> 10am-2:30pm</p> <p>All students</p>	<p><b>English</b></p> <p><b>AM 9.30-12.00pm - 7+ group</b></p> <p>CDE/NJO</p> <p>Room A07/A08</p>
<b>PM</b>	<p><b>Foundation Science</b></p> <p>NSR/MVO/CMO</p> <p>12.30 - 3pm</p> <p>E03/E04</p>	<p>A05-A08</p>	<p>SHA/SEL/HHI</p> <p>A07-A08</p>	<p><b>PM 12.30-3.00pm - 4+ group</b></p> <p>CDE/NJO</p> <p>Room A07/A08</p>



# Coping with exam stress

“It’s normal to feel anxious on the day of your exam. If you feel overwhelmed at any point you could try doing some breathing exercises. It’s okay to take your time in the exam – taking a moment to breathe and think things through can help reduce anxiety and make answering the questions easier.”

Go to: <https://www.youngminds.org.uk/young-person/> for lots more help and advice.



The screenshot shows a web browser window with the URL <https://www.youngminds.org.uk/young-person/>. The page has a purple background and features a yellow header with the title "Coping with exam stress". Below the title, there is a paragraph of text: "In the build up to exams, it's normal to feel stressed, anxious or overwhelmed. These feelings can be difficult to manage, but there are things that can help with your wellbeing over this time. Take a look at some of our tips for managing stress during exam season, or view our full guide on coping with exam stress." To the right of this text is a vertical list of six pink buttons, each with a white checkmark and a dropdown arrow. The buttons are: "Keeping well on study leave", "Staying connected with others", "Reducing stress when revising", "Staying calm on the day", and "Relaxing after your exam". Below the text and buttons is a yellow button with the text "Guide to coping with exam stress" and a right-pointing arrow. At the bottom left of the page is a photograph of a young man in a white shirt sitting at a desk, looking thoughtful, with a young woman in the background.

