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|  **XP****Week 3 AUTUMN/WINTER TERM 2021/22 - Secondary** |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| *Meal of the day**Choice of*  | Margherita pizzaJacket wedgesSweetcornMixed saladCornflake tart & custardPlain cookieYoghurtPiece of whole fruit | Spaghetti BologneseVegetarian BologneseGarlic sliceGarden peasColeslawSticky toffee sponge & custard FlapjackYoghurtPiece of whole fruit | Roast Turkey, stuffing & gravyVegan roll & gravyRoast PotatoesCauliflowerSliced carrotsChocolate crunch & custardShortbreadYoghurt Piece of whole fruit | Beef burger in a bapVegetarian burger in a bapJacket wedgesSweetcornGarden peasAmerican pancake with banana & honeyCoconut cookieYoghurtPiece of whole fruit | Battered FishLemon wedgeTomato ketchupFingerless fingersChips Mushy peasBaked beansMarble MuffinOatmeal cookieYoghurtPiece of whole fruit |
| *Cold baguettes* | CheeseHamTuna MayonnaiseSalad garnish | CheeseHamTuna MayonnaiseSalad garnish | CheeseHamTuna MayonnaiseSalad garnish | CheeseHamTuna MayonnaiseSalad garnish | CheeseHamTuna MayonnaiseSalad garnish |
| *Jacket potato/**Pasta option* | Jacket potatoCheeseBaked beansSalad garnish | Jacket potatoCheeseBaked beansTuna mayonnaiseSalad garnish | Penne pastaCheeseBaked beansTuna mayonnaiseSalad garnish | Penne pastaCheeseBaked beansTuna mayonnaiseSalad garnish | Jacket potatoCheeseBaked beansTuna mayonnaiseSalad garnish |
| *Panini* | Cheese & tomatoSalad garnish | Sausage & cheeseSalad garnish | Ham & cheeseSalad garnish | Tuna & cheeseSalad garnish | Cheesy pizzaSalad garnish |
| *Choice of Cake or Cookie* | Vanilla cookieMuffin | Toffee spongeFlapjack | Chocolate crunchShortbread | Coconut cookieCupcake | Marble muffinOatmeal cookie |