

Personal Kit List: Year 8 Outward Bound (2 nights/3 days)

No.	Item	Tick
1x	Water bottle filled with water (Named)	
1x	Packed lunch for Wednesday (in disposable bags).	
1	Small Day Rucksack for general use during the day. A plastic bag or dry bag is useful incase of rain as rucksacks tend not to be waterproof.	
1	Holdall for personal kit and belongings. No larger than 2ft (60cm) x 1ft (30cm) x 1ft (30cm). We would recommend packing belongings in a black bin bag or dry bag to make sure clothing stays dry.	
1	Walking Boots (With ankle support).	
1	Old Trainers (These are likely to get wet/ dirty during activities).	
1	Sturdy Camp shoes or hiking sandals (No flip flops or open toe shoes).	
4x	T shirts, a mixture of long and short sleeve.	
2x	Warm fleece/sweatshirt top.	
2x	Walking socks.	
2x	Walking trousers/ jogging bottoms (For activities).	
2x	Trousers for camp.	
2x	Shorts.	
1x	Swimming costume (Not bikini).	
1x	Towel.	
1x	Warm coat or extra warm fleece/sweatshirt layer for camp.	
1x	Waterproof outer jacket.	
1x	Waterproof trousers.	
1x	Warm hat and gloves.	

1x	Sun hat and suncream.	
1x	Torch (Head torch is preferable).	
5x 4x	Underwear: Pants Socks	
1	Knife/Fork/Spoon/ mug (Named).	
1x	Sleepwear (The temperature can drop in the night so warm top and bottoms to sleep in).	
	Toiletries: 1 small wash bag with tooth brush/ tooth paste/ hair brush/ shampoo/ shower gel and deodorant.	
2x	Plastic carrier bags for any wet or dirty clothing and shoes.	
	Medication: please inform your crew leader of any medication you need or will be bringing with you and give to your crew leader when you get to school on the Wednesday morning.	

- Please do not bring any DENIM clothing to wear during activities. If necessary denim can be worn around camp however we prefer students not to wear it if possible. The above list is mandatory so if you have any queries about the kit list please speak to your crew leader.
- A kit check will be done on Tuesday 23rd August in School. Any items deemed unnecessary will be sent home. During the kit check students will be shown how to pack appropriately for the trip.
- The above list includes the clothes and footwear that you will be wearing on Wednesday. These will need to go home with you on Tuesday after the kit check so you can come to school appropriately dressed ready to do outdoor activities. Trainers should be worn rather than hiking boots on Wednesday.



Kit list Items:

Pack everything on your kit list into the holdall leaving out the clothes/ shoes you'll be wearing on Wednesday as well as your waterproofs, sun hat and sun cream, filled water bottle and packed lunch which will all go in your day rucksack.

