**How to brush your teeth**

**You will need:**

* A toothbrush
* Toothpaste
* Towel
* Water

1. First, happily and merrily find your blue sparkly toothbrush.
2. Secondly, turn the cold tap on slowly and place your toothbrush under it neatly.
3. Then very carefully squeeze a small bit of toothpaste steadily onto the prickly bristles.
4. Next sensibly brush your teeth, gently and thoroughly, until there are bubbles all over your face.
5. After that, quietly spit out the bubbly, mint toothpaste.
6. Then quickly rinse your blue toothbrush under the icy cold water.
7. Finally, silently wipe your face on the soft, fluffy towel.