

EXPRESS  
YOURSELF

BAGUETTES

FRUIT

TREATS

SOUP

MONDAY

Ham  
Cheese  
Tuna Mayo  
BLT

Apples  
Grapes  
Satsuma

Cookies  
Shortbread  
Assorted  
Cakes

Chicken  
Tomato

TUESDAY

Ham  
Cheese  
Tuna Mayo  
BLT

Apples  
Grapes  
Satsuma

Cookies  
Shortbread  
Assorted  
Cakes

Chicken  
Tomato

WEDNESDAY

Ham  
Cheese  
Tuna Mayo  
BLT

Apples  
Grapes  
Satsuma

Cookies  
Shortbread  
Assorted  
Cakes

Chicken  
Tomato

THURSDAY

Ham  
Cheese  
Tuna Mayo  
BLT

Apples  
Grapes  
Satsuma

Cookies  
Shortbread  
Assorted  
Cakes

Chicken  
Tomato

FRIDAY

Ham  
Cheese  
Tuna Mayo  
BLT

Apples  
Grapes  
Satsuma

Cookies  
Shortbread  
Assorted  
Cakes

Chicken  
Tomato



# DELI COUNTER - WEEK 1-3

## HOT BAR

## PANINI

## SALADS

## JACKET POTATO FILLINGS

### MONDAY

Southern  
Fried/Plain  
Chicken Wrap  
Seasoned  
Wedges  
Sausage Muffins

Cheese

Ham  
& Cheese

Ham Salad  
Egg Salad  
Cheese Salad

Tuna  
Baked Beans

### TUESDAY

Beef Burgers  
Cheese Burgers  
Hotdogs  
  
Potato Crispy  
Cubes

Cheese

Ham  
& Cheese

Ham Salad  
Egg Salad  
Cheese Salad

Tuna  
Baked Beans

### WEDNESDAY

Mac & Cheese  
Bites  
Southern  
Fried/Plain  
Chicken Wrap  
Tikka Naan

Cheese

Ham  
& Cheese

Ham Salad  
Egg Salad  
Cheese Salad

Tuna  
Baked Beans

### THURSDAY

Sausage Rolls  
Vegetable  
Samosa  
  
Gyro Chicken  
Wraps

Cheese

Ham  
& Cheese

Ham Salad  
Egg Salad  
Cheese Salad

Tuna  
Baked Beans

### FRIDAY

Pepperoni Pizza  
  
Cheese Pizza  
Vegetable Pizza  
  
Onion Rings

Cheese

Ham  
& Cheese

Ham Salad  
Egg Salad  
Cheese Salad

Tuna  
Baked Beans



# HOT TRADITIONS - WEEK ONE

## MAIN COURSE

### MONDAY

Pasta  
Bolognaise

### TUESDAY

Chicken Tikka  
Masala

### WEDNESDAY

Cheese and  
Potato Pie with  
Bacon

### THURSDAY

Chilli con Carne

### FRIDAY

Battered  
Chicken

## VEGETARIAN

Quorn  
Bolognaise

Quorn Tikka  
Masala

Cheese and  
Potato Pie

Quorn Chilli

Breaded Fish

## SIDES

Garlic Bread

Rice  
Naan Bread

Salad

Rice

Chips

## HOT FILLINGS

Baked Beans

Baked Beans

Baked Beans

Baked Beans

Baked Beans

## PASTA SAUCE

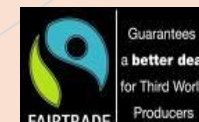
Tomato

Tomato

Tomato

Tomato

Tomato



# HOT TRADITIONS - WEEK TWO

## MAIN COURSE

### MONDAY

Sausages

### TUESDAY

Macaroni Cheese  
and Ham

### WEDNESDAY

Cottage Pie

### THURSDAY

Meatballs in  
tomato sauce

### FRIDAY

Battered  
Chicken

## VEGETARIAN

Quorn  
Sausages

Macaroni

Quorn Cottage  
Pie

Quorn Balls in  
tomato sauce

Breaded Fish

## SIDES

Peas  
Mashed Potato

Salad

Vegetables

Pasta

Chips

## HOT FILLINGS

Baked Beans

Baked Beans

Baked Beans

Baked Beans

Baked Beans

## PASTA SAUCE

Tomato

Tomato

Tomato

Tomato

Tomato



# HOT TRADITIONS - WEEK THREE

## MAIN COURSE

**MONDAY**

Chicken Korma

**TUESDAY**

Nachos

**WEDNESDAY**

BBQ Chicken  
Drumsticks

**THURSDAY**

Lasagne

**FRIDAY**

Battered  
Chicken

## VEGETARIAN

Quorn Korma

Nachos

Vegetable Rice

Quorn  
Lasagne

Breaded Fish

## SIDES

Rice  
Naan Bread

Guacamole  
Salsa

Corn on the  
Cob  
Bread Roll

Green Beans

Chips

## HOT FILLINGS

Baked Beans

Baked Beans

Baked Beans

Baked Beans

Baked Beans

## PASTA SAUCE

Tomato

Tomato

Tomato

Tomato

Tomato

