



# PE Dept Newsletter

March 2024

## Thank you

Firstly, this month, I would like to take the opportunity to thank those staff outside of the PE department, who have contributed to the extra-curricular calendar since September.

Mrs Evans – Dance and Drama, Running and Zumba

Ms Graham - Hockey

Mr Lyne – Yr 7 Rugby

Mr Shaw – Football

Their work in these areas has been appreciated by both staff and students, so thank you.

During the summer term, they continue to offer the following clubs:

Mrs Evans – Dance and Drama (Monday)

Running (Friday)

Mr Lyne – Yrs 7/8 Cricket (Tuesday)

Mr Shaw – Yrs 7 – 11 Boys Football (Monday)

Yrs 9 – 11 Girls Football (Tuesday)



## Hockey

March has seen the conclusion of another successful hockey season. As always students have shown huge commitment to the sport, and that hard work has paid off on the pitch. In particular, for the boys, in the Netherlands, when the boys beat the Dutch in a nail-biting fixture, finishing 4-3 to Shipston. The cheers and celebrations at the final whistle will always stand out to me, and testament to their dedication to the sport over a number of years.

In May, Shipston will be represented once again at the Yr 9 England Hockey State school competition in Nottingham.

## Running

Running once again in March 2024, we enjoyed an Easter run (check out our bunny ears!) before the end of term and enjoyed some chocolate Easter eggs at the end of our run!! Special mention goes to 'Random' Roberts for her conversational starters but we managed to still run with our ears intact! New members welcome as always... come and run with us!



[#shipstonpecan](https://www.instagram.com/shipstonpecan)

## Literacy...

### Book of the month

This month, the book of the month is a little different...

A link to a podcast, which will require you to create a BBC account (which is free).

### Podcast – Football Daily

Mark Chapman, Kelly Cates, Steve Crossman, Darren Fletcher, and the rest of the BBC Radio 5 Live Football Daily team bring you the latest news, insight, analysis and big name guests from the Premier League, WSL and the Football League, plus Scottish, International and European football.



## Keep up to date with sporting opportunities both in school and out...

X page: @ShipstonPEDept

Scan the QR code



## EXTRA-CURRICULAR SUMMER TERM 1

Day	Sport	Year(s)	Location	Time	Staff
Monday	Dance/Drama	7 - 11	Hall	15:10 – 16:30	CE
	Football (Boys)	7 - 11	Field	15:10 – 16:30	MSH
Tuesday	Cricket	7/8	Field	15:10 – 16:30	JLY
	Cricket	9/10	Field	15:10 – 16:30	CDA
	Football (Girls)	7 - 11	Field	15:10 – 16:30	MSH
	Rounders	9 - 11	Field	15:10 – 16:30	SD
Wednesday	Athletics	7 - 11	Field	15:10 – 16:30	SD, CDA
Thursday	Table Tennis	10	Gym	13:05 – 13:45	SD
	Rounders	7/8	Field	15:10 – 16:30	SPD
Friday	GCSE Revision	11	LC3	15:15 – 16:15	SD
	Running	All years	Hall	15:10 – 16:30	CE
Dates TBC	Tennis	All years	Courts	15:10 – 16:30	SPD

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Keep up to date with Shipston sport @ShipstonPEDept



## GCSE Revision

Fri 2 <sup>nd</sup> Feb	C1 – Physical training	Fri 10 <sup>th</sup> May	C2 – Sport psychology
Fri 8 <sup>th</sup> Mar	C1 – Applied anatomy and physiology	Fri 17 <sup>th</sup> May	C2 – Socio-cultural influences
Fri 12 <sup>th</sup> Apr	C1 – Movement analysis	Tues 21 <sup>st</sup> May	C1 – Exam preparation
Fri 26 <sup>th</sup> Apr	C2 – Health, fitness and well-being	Frid 24 <sup>th</sup> May	C2 – Exam preparation

**Exam – C1 – Fitness and Body Systems – Wednesday 22<sup>nd</sup> May pm**

**Exam – C2 – Health and Performance – Monday 3<sup>rd</sup> June pm**

**REVISION**



# Netherlands **HOCKEY** 2024 Tour



**Friday 22<sup>nd</sup> – Monday 25<sup>th</sup> March**

On Friday 22<sup>nd</sup> March, Miss Davies, Mr Shaw, Joey Squance (Shipston Ladies Hockey Club), twenty-eight students and ‘Maddie the Mascot’ met at school at 3.15am to make their way to the Netherlands. Despite, the early start, students, and staff were excited for the trip ahead.

#teamshipston

#shipo



The students enjoyed a jam-packed weekend as you can see below:

Friday – Travelling to the Netherlands, visit to a chocolate factory, fixture for both teams and dinner (pizza van) at HV Spijkenisse.



**Shipston (1) v HV Spijkenisse (1)**



Saturday – Day at the Efteling Theme Park, watched a top-flight women’s hockey game, the day was then concluded with a game of bingo!

Sunday – Hockey training session at Rotterdam Hockey Club, watched top-flight men and women’s hockey game, canal cruise around Rotterdam, game of bowling.

Monday – Travelling back to the UK to Shipston High.

The students were an absolute pleasure to take away on tour and were a credit to themselves and the school. It was a trip to remember with many memories made. #netherlands2024





