

Holy Trinity CE Primary School Physical Education Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Unit 1 Body Management <i>Opportunities for spiritual development: Self</i>	Unit 1 Gymnastics	Unit 1 Manipulation and Coordination	Unit 2 Gymnastics	Unit 1 Cooperate and Solve Problems	Unit 1 Speed Agility Travel
	Unit 2 Body Management	Unit 1 Dance	Unit 2 Manipulation and Coordination	Unit 2 Dance	Unit 2 Cooperate and Solve Problems	Unit 2 Speed Agility Travel
Year 1	Unit 1 Hit Catch Run	Unit 1 Dance <i>Opportunities for spiritual development: Others</i>	Unit 1 Send and return	Unit 1 Attack Defend Shoot	Unit 2 Attack Defend Shoot	Unit 1 Run Jump Throw
	Unit 2 Hit Catch Run	Unit 1 Gymnastics	Unit 2 Dance	Unit 2 Gymnastics	Unit 2 Send and Return	Unit 2 Run Jump Throw
Year 2	Unit 1 Hit Catch Run	Unit 1 Dance	Unit 1 Attack Defend Shoot	Unit 2 Attack Defend Shoot	Unit 1 Send and Return <i>Opportunities for spiritual development: Self</i>	Beginners Swimming
	Unit 2 Hit Catch Run	Unit 1 Gymnastics	Unit 2 Dance	Unit 2 Gymnastics	Unit 1 Run Jump Throw	Unit 2 Run Jump Throw
Year 3	OAA	Hockey	Unit 1 Dance <i>Opportunities for spiritual development: Self</i>	Unit 2 Gymnastics	Cricket	Athletics
	Netball	Badminton	Unit 1 Gymnastics	Football	Rounders	Tag Rugby
Year 4	OAA	Hockey	Unit 1 Dance <i>Opportunities for spiritual development: Others</i>	Unit 2 Gymnastics	Football	Tag Rugby
	Netball	Badminton	Unit 1 Gymnastics	Cricket	Rounders	Athletics
Year 5	OAA <i>Opportunities for spiritual development: Other</i>	Football	Hockey	Rounders	Tag Rugby	Handball
	Badminton	Unit 1 Dance	Unit 1 Gymnastics	Cricket	Netball	Athletics
Year 6	Tag Rugby	Football	Hockey	Advanced Swimming	Cricket	Rounders
	OAA <i>Opportunities for spiritual development: Others</i>	Unit 1 Gymnastics	Unit 1 Dance	Badminton	Handball	Athletics