## **PSHE: Progression Mapped by Strand**



## **Our School Vision**

But those who hope in the Lord will renew their strength.

They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Isaiah 40:31

#### **Rationale**

- Promote high aspiration
- Promote opportunities for cultural capital
- Create a vocabulary-rich curriculum

#### <u>Intent</u>

As a church school we acknowledge that all of our pupils are significant to God. We therefore value each child's unique personality and aim to develop their character, talents and abilities to the fullest in His name. Our PSHE curriculum is an intrinsic part of this, unlocking the potential of each child, so that they can flourish. This is also in-keeping with our status as a UNICEF Rights Respecting School and fulfils our obligations under Article 29 of the United Nations Convention on the Rights of the Child.

## **Implementation**

Throughout the year the children look at different areas of PSHE linked to the fundamental Christian values taught through our collective worship and key events:

- Significance
- Being me in my world, looking at valuing ourselves and why we are significant.
- 2. Peace

• Celebrating difference, addressing cultural diversity and issues surrounding race and racism within society. By understanding the plights and sufferings that individuals and communities have faced throughout history and every day, we hope to provide the children with an understanding at how we can achieve peace within society and give children the ability to express who they are without fear of judgement or racial prejudice.

#### 3. Respect

• Relationships, looking at how we respect the environment we live in, respect in friendships and how we nurture those relationships and respect for our relationship with the internet (link to online safety.)

## 4. Compassion

• Relationships, looking at diversity within relationships looking at LGBTQ+ (see RSE policy) and diversity within the different relationships that children see as they navigate their way through the world.

### 5. **Forgiveness**

- Changing me, looking at how children develop and begin to change both physically and mentally.
- Sex education lessons (see RSE policy)

#### 6. Courage

- Dreams and goals, looking at how we can develop children's aspirations and allow them to flourish.
- Healthy me, addressing how we stay healthy both physically and mentally. Provide children with the awareness regarding drugs and alcohol (see drug and alcohol policy)

#### **Impact**

It is imperative that the children at our school know how to handle various situations they may encounter through daily life in order for them to grow into responsible, healthy adults who know how to keep themselves and others safe. As they make their way through the school, pupils will build upon knowledge and complete activities that are age appropriate to help them gain a sense of independence. By the end of KS2, pupils will have been taught and provided with a plethora of information looking at various issues and challenges they will face in life so they have the pragmatism to go forward and overcome any obstacles they might face.

# Strength for Today, Bright Hope for Tomorrow

# **Progression by strand (RSE)**

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul> <li>Name the main stages of human growth; baby, toddler, child, teenager, adult, older person.</li> <li>Describe how they have grown since being a baby. Describe how they are unique and special.</li> <li>Describe how we can tell whether an animal is male or female.</li> <li>Give scientific names for the parts than make males and females different.</li> <li>Describe their family. Explain why families are special.</li> </ul>	<ul> <li>Introduce the concept of male and female and gender stereotypes</li> <li>Difference between male and female babies</li> <li>correct biological words for the male and female body parts growing from young to old (human lifecycle)</li> <li>Showing care to others</li> <li>How people are cared for at different stages of their lives different types of families and how they care for each other</li> </ul>	<ul> <li>Introduce the concept of male and female and gender stereotypes</li> <li>difference between male and female babies</li> <li>correct biological words for the male and female body parts growing from young to old (human lifecycle)</li> <li>showing care to others</li> <li>how people are cared for at different stages of their lives different types of families and how they care for each other</li> </ul>	<ul> <li>Introduce the concept of male and female and gender stereotypes</li> <li>difference between male and female babies</li> <li>correct biological words for the male and female body parts growing from young to old (human lifecycle)</li> <li>showing care to others</li> <li>how people are cared for at different stages of their lives different types of families and how they care for each other</li> </ul>	Introduce the concept of male and female and gender stereotypes  difference between male and female babies  correct biological words for the male and female body parts growing from young to old (human lifecycle)  showing care to others  how people are cared for at different stages of their lives different types of families and how they care for each other	<ul> <li>Describe the physical and emotional changes that happen to males and females during puberty.</li> <li>Explain the link between puberty and reproduction. Produce solutions to teenage problems.</li> <li>Describe what affects our attitudes to gender.</li> <li>Describe what gender stereotyping is and its impact.</li> <li>Describe how the media affects attitudes to gender.</li> <li>Identify the qualities of a good friend.</li> <li>Explain the difference between friendship and an intimate relationship.</li> <li>Describe what love is.</li> <li>Explain how a baby starts</li> </ul>

<ul> <li>Describe their family.</li> </ul>			•	Describe some of the decisions adults need
<ul> <li>Explain why</li> </ul>				to make before having
families are				a baby. Explain some
special.				basic facts about
·				conception and
				pregnancy.
			•	Describe the qualities
				needed to be a parent.
			•	Describe some of the
				needs of babies and
				how parents meet those
				needs.

PSHE	Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Whole school value	Significance	Peace	Respect	Compassion	Forgiveness	Courage
	PSHE Unit	Being Me in My World - Link PSHE to CW	Celebrating Difference - Link PSHE to CW	Relationships - Link PSHE to CW	Relationships - PSHE to CW.	Changing Me- Link PSHE to CW	Dreams and Goals/ Healthy Me - Link PSHE to CW.
	Special events				Careers day	RSE Lessons	Sports day/ healthy living week