



The Care
Collective

Carers Rights Day 2022





Mae gan ofalwyr hawliau

O dan Ddeddf Gwasanaethau Cymdeithasol a Llesiant (Cymru) mae gennych hawl:

- i gael gwybodaeth a chyngor am eich gwasanaethau lleol
- i gael sgwrs am yr hyn sy'n bwysig i chi
- i ofyn am asesiad o'ch anghenion fel gofalwr
- i gael llais mewn penderfyniadau am yr help y galloch fod ei angen

Cysylltwch â'ch awdurdod lleol i gael gwybod mwy

Carers have rights

Under the Social Services and Well-being (Wales) Act you have a right to:

- information and advice about your local services
- a conversation about what matters to you
- request a carers' needs assessment
- have your voice heard when decisions are being made about the help you may need

Contact your local authority to find out more



Ydych chi'n gofalu am aelod o'ch teulu neu ffrind?

Codwch eich llais oherwydd mae cyngor a chymorth i'w cael.

Mae gan ofalwyr di-dâl hawliau.

I gael rhagor o wybodaeth, ewch i www.llyw.cymru/hawliau-gofalwyr neu cysylltwch â'ch awdurdod lleol.

Do you care for a family member or friend?

Make yourself known because there is advice and support available.

Unpaid carers have rights.

For more information, visit www.gov.wales/carers-rights or contact your local authority.



Carers Rights



The right to well-being



The right to have information, advice and assistance



The right to an assessment if your needs cannot be met by information and advice



The right to have your voice heard and have control over decisions about your support



The right to advocacy



Hawliau gofalwyr



Yr hawl i lesiant



Yr hawl i
wybodaeth, help
a chyngor



Yr hawl i asesiad
os na ellir bodloni
eich anghenion
drwy wybodaeth
a chyngor



Yr hawl i gael
eich clywed
a chael
rheolaeth dros
benderfyniadau
am eich cymorth



Yr hawl i gael
eiriolwr



Young Carers Rights

Carers Rights



Scan this QR code to access the NHS website
about your rights as a young carer and/or
carers rights.



Carers Rights in Welsh

The Care™
Collective



Scan this QR code to access the Welsh Government Website about your rights as a carer





Support for carers at our local hubs



Cardiff and Vale Carers Gateway | The Care Collective (carerfriendly.co.uk)

Tel: 02921 921024

Email: gateway@thecarecollective.wales

Gwent Carers Hub | The Care Collective (carerfriendly.co.uk)

Tel: 01495 367564

www.facebook.com/gwentcarershub

Email: Gwentcarershub@thecarecollective.wales





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