Mindful Monday Assembly

Dydd Llun, Mehefin 1af

Year 7 & 8

Organising and structuring your Distance Learning

Our new Distance Learning Timetable

Distance Learning Timetable
Year 7 & 8

The new Distance Learning timetable for Years 7 & 8 will ensure that learners have a variety of lessons/tasks to engage with and set by staff on different days. We hope that this will enable our learners to manage their workload more effectively.

We have built our new Distance Learning Timetable around the Curriculum for Wales and will enable learners to acquire the knowledge required for each of the Areas of Learning and Experience whilst also developing their vital life skills such as Literacy, Numeracy, Digital Competence etc.

The next slide contains a recommended pupil friendly timetable to follow over the week.

Work will be posted on the following days only:

Monday	**Mindful Monday Assembly Task** **Health & Wellbeing – PE etc.** **Maths**
Tuesday	Literacy, Numeracy and Digital Competence (ICT) Geography History R.S
Wednesday	Wonderful Wednesday Assembly Task English French Welsh
Thursday	Science Technology
Friday	Focused Friday Assembly Task Expressive Arts (this will be a combined task for Art, Drama and Music)

Suggested Pupil Distance Learning Timetable Year 7 & 8

Monday	Tuesday	Wednesday	Thursday	Friday
Health and Well-being	**Health and Well-being**	**Health and Well-being**	**Health and Well-being**	**Health and Well-being**
4 Purposes & Skills Mindful Monday	**4 Purposes & Skills** Literacy, Numeracy, Digital Competence	**4 Purposes & Skills** Wonderful Wednesday	**4 Purposes & Skills** Literacy, Numeracy, Digital Competence	**4 Purposes & Skills** Focused Friday
Mathematics and Numeracy Mathematics	**Humanities** Geography, History, RE,	**Languages, Literacy and Communication** English, French, Welsh	**Science and Technology** Science, Technology	**Expressive Arts** Art, Drama, Music

Mindful Monday Task

- Read over the new Distance Learning Timetable 1) The days the work will be posted on Google Classroom and 2) the suggested timetable you should follow each day.

- Print out, copy out or create your own copy of the suggested timetable.

- Think about creating a work space at home that will enable you to work to the best of your ability.