

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.15	BBQ chicken burger, Garlic mayo, salad in a bun served with potato.	Beef lasagne served with Garlic bread.	Roast of the day served with vegetables.	Shanghai chicken stir- fry with white rice	Fish and chips with garden peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN £2.15	Vegetable burger, BBQ sauce, in a brioche bun with potato	Vegetable Lasagne served with Garlic bread.	Vegetable wellington served with Vegetables.	Vegetable stir fry served with white rice.	Chickpea and vegetable Biryani
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD FROM £2.15	Pulled chicken, iceberg, tomato, salsa wrap.	Italian Chicken Steak with spaghetti	Cornish pasty served with vegetables.	Sweet and sour chicken with white rice	Mughlai Korma chicken with rice.
TAKEAWAY TUBS FROM £2.15	Piripiri Wings	Chicken Meatball with Spaghetti	BBQ Wings	Chinese wings	Mac and cheese
	PASTA / PIZZA	PIZZA	PIZZA	PIZZA	PIZZA
SELECTION OF SANDWICHES, HOT PANINI'S, (£2.00) or PIZZA SLICES (£1.25) ARE ALSO AVAILABLE FROM OUR GRAB & GO COUNTERS DAILY WRAPS AND BURRITO ALSO AVAILABLE AT OUR KIOSKS £2.00					
JACKETS £2.15	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS £1.00	Strawberry Jelly with strawberry Icecream	Chocolate Sponge with Chocolate sauce	Iced Sponge cake with creamy custard	Cheesecake	Waffle bar with a choice of toppings

• INSPIRED FOOD •
mint
• FOR EDUCATION •

Meal Deal
Main Meal
With Vegetables
And Dessert



£2.40

All Of Our Main Meals,
Sandwiches & Desserts Are
Freshly Made On Site Every Day

Lunch week 2

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.15	Beef burger with BBQ sauce in brioche with potato and lettuce	Beef Bolognese served with pasta and Garlic slice	Roast of the day served with Vegetables	Chicken Korma served with turmeric rice and Naan.	Fish and chips with garden peas or Baked Beans
PLANT BASED / VEGETARIAN £2.15	Spicy Vegetable in a soft taco with Mex rice	Veggie Bolognese served with pasta and Garlic slice.	Mushroom Galette with vegetable	Mild - Potato and vegetable Rogan Josh with turmeric rice	Sweet potato Falafel in a soft taco, crispy salad
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD FROM £2.15	Paprika Chicken cheesy Nacho	Broccoli Mac and cheese	Pulled chicken Baguette with potatoes.	Tikka chicken rice Kathi roll	Fish cake burger with tartar sauce and potato
TAKEAWAY TUBS FROM £2.15	Churrasco wings	Piri piri Chicken wings	BBQ Chicken Wings	Tikka Chicken Wings	Cajun wings
	PASTA / PIZZA	PIZZA	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA
	SELECTION OF SANDWICHES, HOT PANINI'S, (£2.00) or PIZZA SLICES (£1.25) ARE ALSO AVAILABLE FROM OUR GRAB & GO COUNTERS DAILY WRAPS AND BURRITO ALSO AVAILABLE AT OUR KIOSKS £2.00				
JACKETS £2.15	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS £1.00	Lemon drizzle cake	Orange Jelly and Vanilla Icecream	Apple crumble with custard	Key Lime Pie	Ice cream parlour

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Lunch week 3

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.15	Caribbean Chicken thigh burger with potatoes	Chilli con carne with savoury rice	Roast of the day served with Vegetables	Red Thai chicken curry with white rice	Fish and chips with garden peas or Baked Beans
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
PLANT BASED / VEGETARIAN £2.15	Caribbean vegan burger and crispy salad served in a bap.	Vegan chilli sin carne with savoury rice	Chickpea, onion, and rich tomato Meat-Free-Loaf	Green Thai vegetable curry with white rice	Peppers and tomato Spanish tortilla
ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY					
STREET FOOD FROM £2.15	Chicken Brochette with rice and peas	Cajun chicken Burrito	Cheese, sweetcorn, and Beef Burrito	Vietnamese chicken banh mi	Fish Finger Bap with tartar sauce and potatoes.
TAKEAWAY TUBS FROM £2.15	Piri piri Wings	Churrasco wings	BBQ wings	Chinese wings	Pasta bar
	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA	PASTA / PIZZA	PIZZA
SELECTION OF SANDWICHES, HOT PANINI'S, (£2.00) or PIZZA SLICES (£1.25) ARE ALSO AVAILABLE FROM OUR GRAB & GO COUNTERS DAILY WRAPS AND BURRITO ALSO AVAILABLE AT OUR KIOSKS £2.00					
JACKETS £2.15	TRY OUR DELICIOUS FILLINGS FOR 50p EACH				
DESSERTS £1.00	Toffee Apple Crumble with Vanilla Icecream	Syrup Sponge with custard	Marble cake with custard	Banoffee pie	Pancake bar – served with a choice of

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Meal Deal
Main Meal
With Vegetables
And Dessert



£2.40

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