

Sports Premium:

The government provides funding to schools to improve the provision of Physical Education (PE) and sports in primary school.

Sports premium is intended to allow schools to allocate money towards making additional and sustainable improvements to the provision of PE and sport. Sports premium aims to encourage and support children to develop healthy and active lifestyles. Schools are therefore encouraged to use their allocated sports premium to:

- Develop, enhance or contribute to the PE and sport activities already offered by schools.
- Make improvements that will have a lasting impact for both current and future pupils.
- Provide opportunities that encourage children to develop healthy and active lifestyles.

It is recommended that schools consider the impact in which sports premium may have across 5 key areas:

1. Increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities, prioritising CPD and training where needed.
2. Increasing engagement of all pupils in regular physical activity and sporting activities.
3. Raising the profile of PE and sport across the school, to support whole school improvement.
4. Offer a broader and more equal experience of a range of sports and physical activities to all pupils and ensure equal access to sport for boys and girls.
5. Increasing participation in competitive sport.

At Biddick Hall Infants and Nursery School we believe it is paramount that all funding allocated as part of sports premium is used to ensure improvements that are both beneficial and sustainable for all.

Across 2025/2026 Biddick Hall Infants and Nursery School were allocated a total of £16999. All schools must complete the digital expenditure reporting return outlining how the school has used the allocated sports premium funding and outline the impact it has had across their individual school. You can access a copy of this report on our website.

Impact:

As a school we decided to allocate funding towards various key areas including CPD, Resources and equipment, extracurricular opportunities, coaches and external sports competitions. As a whole we believed investing in such areas would benefit all children at our school and support children in developing a healthy and active lifestyle which they can sustain beyond their time at Biddick Hall Infants and Nursery school. Below outlines the impact across each of the key areas.

CPD	The benefits of high quality CPD extend far beyond a single lesson and can have a lasting impact for children. Ensuring staff feel confident in the delivery and assessment has in turn ensured

	they are equipped in supporting children to achieve long term competence across key foundational movement skills such as agility, balance and co-ordination. Such skills will have a lasting impact on a child's Physical development. Children who feel physically capable are far more likely to stay active into adolescence and adulthood. Effective CPD equips staff with the knowledge and confidence to deliver lessons which are engaging whilst also ensuring they feel equipped to implement differentiation strategies where necessary. This ensures lessons are accessible to all children including those with SEND or lower initial confidence. As a result, children are able to develop a long-lasting positive relationship with exercise and movement.
Resources and Equipment	As a school we believe the investment of high quality sports resources and equipment has had a significant impact on children's attainment both during PE lessons and outside of PE lessons. Investing in equipment has ensured children are able to be actively involved in sports activities during lessons as it minimises the need for children to wait or share equipment. This directly increases the Moderate-to-Vigorous Physical Activity (MVPA) time per lesson. We have also chosen to invest in sports equipment used by children outside the classroom. Doing so embeds physical movement into daily routines such as playtimes and lunchtimes. This provides increased opportunities for active play, significantly boosting overall weekly activity totals. Active play also has had an impact on children's classroom readiness. Staff believe high quality physical activity both outside and during PE lessons has had a positive impact on children's readiness to return to class. In turn, children are more engaged in their learning and ready to achieve. This is hoped to have a lasting impact on the overall attainment of all children.
Extracurricular Opportunities.	As a school we aspire to offer a range of different extracurricular opportunities some of which are sports related. We believe offering children the opportunity to attend high quality clubs will help to foster a positive relationship with sports and exercise. We hope to encourage children to develop both their physical skills, emotional resilience and social skills such as team building and turn taking. Skills they can continue to apply both throughout and beyond their time at Biddick Hall Infants and Nursery School. We also recognise that financial barriers may limit a child's ability to access clubs outside of school. We therefore believe offering extracurricular opportunities which are subsidized by school is important to ensure all children including those from

	disadvantaged backgrounds have the opportunity to attend clubs.
External Coaches	As a school we have chosen to implement a model of PE whereby children receive lessons delivered by both school staff and lessons delivered by external coaches. Coaches can provide a distinct expertise and deliver accurate and technical demonstrations. Coaches can also help to support and upskill teachers as it provides regular opportunities for teachers to observe how expert coaches break down complex movement skills, manage spatial organization, and run rapid transitions. We believe working side-by-side with a coach over a term gives class teachers fresh lesson ideas and the confidence to deliver those sports independently in future years. All of which will have a profound positive impact upon the children's participation and attainment in PE and sports activities.
External Sports Competitions.	Competitive sports activities challenge children to maintain focus and execute skills under pressure in a fun and engaging way. They also provide children with a controlled, supportive environment whereby they are given the opportunity to experience winning, losing, effort, and accountability. This encourages children to develop resilience both as an individual and a team. Whilst extra opportunities for physical movement and general exercise helps to promote long term healthy habits. At Biddick Hall Infants and Nursery School we believe it is important to provide children with new experiences. We therefore as a school attend various external sport competitions and sports festivals. We aim to help foster children's enthusiasm for sports games and activities and hope to help support children in developing any particular skills, talents or passions they may have. We hope by doing so we increase children's engagement and participation by building their confidence and enthusiasm.