

PE Lessons/Jewellery – Important Information

Please take the time to read the following information around piercings.

To ensure our pupils have the safest experience in their PE lessons children should not participate in PE or physical activity whilst wearing earrings or jewellery.

We accept that piercings take time to heal and this can be up to 6 weeks. We would therefore always advise that if you are considering piercing your child's ears, this is undertaken at the beginning of the summer holidays so as to maximise healing time.

Any piercing that cannot be taken out at school will ultimately be detrimental to your child's Physical Education.

Our uniform policy states the following and can be found on our school website:

All items of jewellery and earrings must be removed before school on the days children have PE

To adhere to our uniform policy:

- Earrings should be removed before school on days your child has PE. If a child arrives to a PE lesson wearing earrings, they should take them out if able to do so and place them safely with their belongings.
- Children are not allowed to tape up earrings.
- If a child is unable to remove a piercing, they will be unable to take part in their PE lesson.
- For consistency, this applies to all PE lessons, sporting fixtures and extra-curricular sports activities.
- Staff cannot take responsibility for earrings or other valuables at any point.

Our uniform policy follows the national guidance issued by the Association for Physical Education (AfPE) and has the best interests of our pupils at heart.

AfPE guidance states that:

“Schools have a duty of care to ensure students are able to participate actively without unnecessarily endangering themselves or those working around them. A clear and consistently applied policy for the removal of personal effects should be in place. The Association for Physical Education (AfPE) strongly recommends the practice of removing all personal effects at the commencement of every lesson to establish a safe working environment. This applies to all ear and body piercings, including retainer and expander earrings.”

Thank you for your understanding