



Date: 14/7/2021

Dear Parent

Nursery pupils currently self-isolating

Your child has recently been asked to self-isolate after a positive case of Covid-19 was identified at nursery.

We thank you for adhering to this important public health action to prevent transmission both within the school and wider community.

It is important that anyone identified as a close contact completes their 10 day period of isolation.

Individuals who have been in contact with someone who's tested positive can now access a free PCR test at <https://www.gov.uk/get-coronavirus-test-or-by-calling-119>. You **do not** need to have symptoms to access this free test, simply request a test as you have been identified as a close contact of a confirmed case.

The advice to ask all close contacts to get tested is being given via NHS Test and Trace as well as local public health teams to prevent further onward transmission and detection of asymptomatic cases (those not displaying symptoms).

You should also access a free PCR test using the link above if your child or anyone in the household starts to display symptoms, and you will be advised following a positive result of a new isolation period.

Any child who has completed their 10 day period of isolation and not displaying symptoms can return to school.

If you have any questions or concerns regarding the information above please email the Public Health Team at covid@southtyneside.gov.uk

Yours sincerely

Mrs A. R. Willis