

East Boldon Infant School

Newsletter

February (2) 2026



"Together everyone achieves more"

Keep in touch.....WEBSITE www.eastboldoninfantschool.org.uk PHONE 0191 536 7292

Dear Parents/Carers,

We have had a very busy end to our first half term in school, so I have added an extra newsletter in before half term to give you an overview of all of the things that have been happening in school! With the constant rain that we have seen, it has been tricky to navigate some days with indoor playtime being necessary at some points for the safety of our children. We are hoping for brighter days to follow after half term.

We enjoyed a fun-filled Children's Mental Health Week, with activities and discussion opportunities for our children across the week to think about their mental health as well as their physical health. All year groups had time with Miss Curry to experience a yoga session, thinking about stretching and relaxing movements, we had a healthy breakfast and talked with the children about the importance of a healthy breakfast on a morning to set us up for our learning across the day! We ended the week with a family coffee morning and an assembly with Alex, our Healthy Minds Practitioner. We celebrated our Well Being Buddies from Year 1 and 2 and the work they have completed with Alex too!

We hope parents/carers who were able to grab a coffee from the Coffee Van enjoyed it—it was a welcome treat for our staff to start off the week.

We discuss Safer Internet Day each year and think about how we can stay safe when using computers, iPads and mobile phones. In school we have a restrictive filtering and monitoring system across all of our IT equipment, but we talked together about how we can stay safe at home when using devices—having a grown up close by, and telling our trusted grown ups if anything makes us feel sad, scared or worried—this links in with our Kidsafe work in school too.

As a staff, we had training on our new PHSCE scheme "No Outsiders" which will complement the planning that we already have in place perfectly as well as our Character Values and Kindness Award. Staff all observed Andrew teach lessons in class as well as all staff attending a staff meeting together. We are excited to get started and implement the scheme fully from September 2026. Thank you to the PTA who has supported us with the purchase of the books and planning for the implementation of this scheme.

I hope the E-Safety news we sent out was helpful to all parents. As a staff, we have annual E-Safety training which keeps us updated on any changes. We know in this technological world how the pace of things can change—our ICT Team in the Local Authority are excellent navigators and if there was anything to share on to parents following this training we will ensure we do so.

Our book sharing events, allowed parents/carers to spend time looking at workbooks with the children at a mid point check in across the year. Hopefully this was helpful and follow up discussions with teachers at parents evenings will take place after half term.

Many thanks as always for your continued support and wishing you all a lovely half term break!

Miss Holt

A few Diary Dates coming up please take a note of key dates...

Friday 20th February—Break up for half term
MONDAY 2ND MARCH—School reopens for children

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- Thursday 6th March—Our School World Book Day celebrations—see letter from Mrs Verity.
- Thursday 6th March—Year 2 Class 3 to attend a swimming session at the Sunderland Aquatic Centre (x3 weeks)
- Please note the message from Miss Curry on Evidence Me relating to costumes on this day!
- Parents Evening chats to take place:
 - Wednesday 11th March—In the School Hall
 - Wednesday 18th March—In the School Hall

Miss Holt loves a quote!
 "A kind word is like a Spring Day!"
 Proverb



Children's Mental Health Week 2026

We had a lovely week in school thinking about ways we can support our Mental Health. Staff (and a few parents!) enjoyed the coffee van in school on Monday, but then the children enjoyed a morning of Yoga, a healthy breakfast as well as well being challenges across the week. Our Friday ended with a lovely coffee morning with parents. Alex, our Healthy Minds Practitioner joined us and stayed on for an assembly with our children. She was able to present our well being buddies with their certificates too!



Children's Mental Health Week 2026



Valentine's Toddler Time

We enjoyed another lovely toddler time in school!



Kung Hey Fat Choy—Celebrating Chinese New Year!

We love celebrating Chinese New Year in school! It is great for our children to find out about different cultures, faiths and beliefs. We have talked about how 2026 is the year of the Horse, how red is a lucky colour in China and of course our school meals team made sure we had a lovely Chinese lunch too! Our Reception children enjoyed a dragon dance in the school hall. There was great musical accompaniment too!



Working with the ICT in Schools Team

We welcomed Phillipa into school from the ICT in Schools Team to work with our Year 1 children. She was super impressed with how proficient the children were using the Chrome Books and this was a great complement to our Computing curriculum.



A visit from animals in school!

We had a visit of some animal friends into Year 1 this week to consolidate the children's work on animals they have completed as part of their Science curriculum. "Are all of the animals in the world the same?"

