



# Valley Gardens Middle School Travel Plan

#### **Aim**

The aim of this document is to aid sustainable travel to Valley Gardens Middle School, therefore reducing traffic around the school. Active travel has several benefits including safer school journeys, improved mental and physical health, improved local air quality, and helping to address climate change.

#### Location

Valley Gardens Middle School is situated in the ward of Monkseaton North, between Vallery Gardens to the south (NE25 9AQ) and Monkseaton Drive to the north (Map A). Whitley Bay High School is just to the north-east and so there is school-related traffic for both schools using the same sections of road network.

There is a pedestrian access from Monkseaton Drive. There is only one road access to the estate, over the Metro bridge on Deneholm.



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#### **Bus links**

There are no bus routes running through the estate but there are several bus stops on Monkseaton Front Street. These are used by Arriva 57 / 57A (Ashington, Bedlington, Cramlington, Seaton Delaval, Earsdon, Whitley Bay, North Shields), and Phoenix W1. Arriva 57/57A timetables:

https://www.nexus.org.uk/sites/default/files/documents/bus/057-057a-nms-030923.pdf

Go North East 351 stops on Monkseaton Drive, running between Newcastle and Whitley Bay. <a href="https://www.nexus.org.uk/sites/default/files/documents/bus/351-gne-030923.pdf">https://www.nexus.org.uk/sites/default/files/documents/bus/351-gne-030923.pdf</a>





#### **Metro Links**

M	Minutes to walk to VGMS
Monkseaton	13
West Monkseaton	15

Nexus Live travel map: <a href="https://livemap.nexus.org.uk/#/liveDepartures">https://livemap.nexus.org.uk/#/liveDepartures</a>

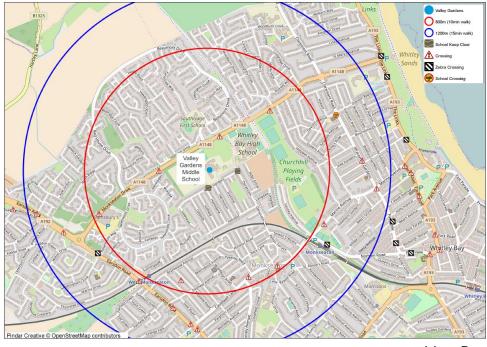
## **Cycle Links**

The nearby section of the Waggonways network (Public right of way) runs from the north. There is also shared cycling and walking provision along Monkseaton Drive. (<a href="https://gosmartergoactive.co.uk/wp-content/uploads/2021/07/north-tyneside-20k-map.pdf">https://gosmartergoactive.co.uk/wp-content/uploads/2021/07/north-tyneside-20k-map.pdf</a>)

North Tyneside Council employees can apply to the Cycle to Work scheme which is now provided by Vivup - <a href="https://www.vivupbenefits.co.uk/">https://www.vivupbenefits.co.uk/</a>

### **Walking links**

Map B, below, shows the school site with 10-minute (red) and 15-minute (blue) walking zones.



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Walking and cycling maps can be on the Go Smarter Go Active site, direct link here: <a href="https://gosmartergoactive.co.uk/wp-content/uploads/2021/07/north-tyneside-20k-map.pdf">https://gosmartergoactive.co.uk/wp-content/uploads/2021/07/north-tyneside-20k-map.pdf</a>

#### **Park and Stride**

If car use is essential, please consider parking further away from school (perhaps outside the circles on Map B) and actively travelling the last part of the journey.