

TRAVEL TO

Valley Gardens Middle School

Go Smarter
North Tyneside

Travel actively to school

Cars parked outside schools create a danger for children getting to school and cause air pollution.

We realise that, for some, car use is essential, while others could travel by other means some of the time.

Our **Go Smarter** team encourages everyone to consider active travel on the school run and, where car use is necessary, to park away from school.

This keeps areas around schools free from congestion and safer for children.



Travelling actively

Walking and wheeling, cycling and scooting.

Travelling actively to school is a great way to start the day.

- It's brilliant exercise
- It helps us feel good
- It reduces pollution at the school gates
- It reduces carbon emissions and helps tackle climate change
- It doesn't cost anything



Park and Stride

If you must drive on school journeys, please park a few minutes' walk away and walk the rest of the journey. There are lots of benefits:

- You and your child get some exercise together
- Your child learns road safety skills
- It reduces air pollution at the school gate
- You avoid road congestion around school



The Green Cross Code

Always use your Green Cross Code when travelling. Find a safe place to cross the road and remember to:

Stop with your feet behind the kerb

Look right, left and then right again for any traffic

Listen for any traffic

Think about whether it is safe to cross. Keep looking and listening as you cross.



Public Transport

Can you use public transport to get to school?

Check bus and Metro timetables and plan your journey online at www.nexus.org.uk



Driving

Please park away from school. Wherever you park, please do so considerately:

- Don't block pavements for pedestrians
- Don't idle – turn off the engine while waiting
- Don't block residents' driveways
- Keep speed to a minimum
- Respect any parking restrictions

The Highway Code states that it is the responsibility of drivers to take care and reduce the dangers they cause to pedestrians and cyclists.



Valley Gardens Middle School

Valley Gardens

Whitley Bay

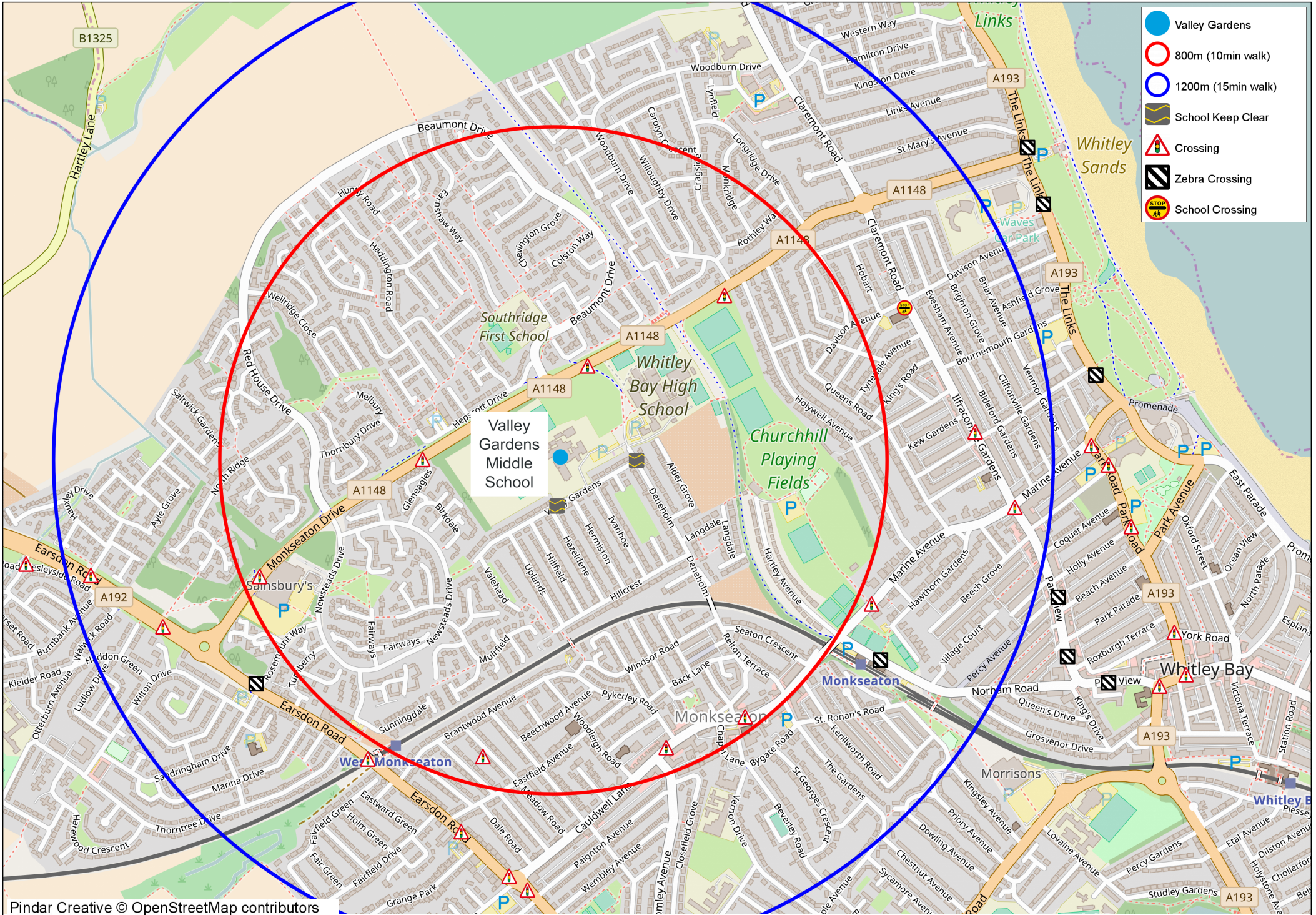
NE25 9AQ



North Tyneside Council

Working in partnership with

Capita



- Valley Gardens
- 800m (10min walk)
- 1200m (15min walk)
- School Keep Clear
- Crossing
- Zebra Crossing
- School Crossing