

Go Smarter

North Tyneside



Working in partnership with



Walking
Cycling
Wheeling
Scooting



Active travel is great for school journeys!

- It's brilliant exercise
- It helps us feel good
- It reduces air pollution at the school gates
- It reduces carbon emissions and helps tackle climate change
- It doesn't cost anything

If you must drive on school journeys, please park a few minutes' walk away and 'park and stride' to school. There are lots of benefits!

- You and your child get some exercise together
- Your child learns road safety skills
- It reduces air pollution at the school gate
- You avoid road congestion around school

Can you use public transport to get to school?

Check bus and Metro timetables online at www.nexus.org.uk or call **(0191) 202 0747**.