# LUNCH WEEK











1

**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

MAIN MEAL #ONE

Beef Burger in a Bun with Jacket wedges

Beef Bolognaise with Pasta

Roast Pork with Apple Sauce Sage & Onion Stuffing, Roasties, Vegetables and Gravy.

Delhi Tikka Chicken Masala Served with Rice Naan Bread

Battered Fish, or Battered Sausage Chips and Peas

MAIN MEAL #TWO

Spicy Bean Burger in a bun with Jacket wedges Falafal and Vegetable Wrap Served with herby diced potatoes Vegan shepherds pie Served With Seasonal Vegetables

Mughlai Vegetable Madras Served with Rice, Naan Bread Battered Quorn Sausage With chips & peas

**HANDHELD** 

Cajun Chicken Wrap

Authentic Tugo Pizza Slice Cheese & Red Onion Panini

Authentic Tugo Pizza Slice Jerk Chicken Wrap

BOWLED OVER

Pasta Kitchen with a choice of sauces

HOT PUDDING

Apple Crumble and Custard

**Chocolate Brownie** 

Pineapple Loaf with Custard

Lemon Drizzle cake Syrup Sponge & Custard

There is also a daily selection of sandwiches, baguettes, wraps and salads available.

Our hot puddings will be complimented with a range of cold desserts etc.



**<u>meal</u> £2.30 Deals**  JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

#### ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHES. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

### **COMING SOON**

#### **Bowled Over**

Pasta / rice / noodles served dally with different toppings!

VEGAN OPTIONS AVAILABLE DAILY!



## LUNCH WEEK











2

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

MAIN MEAL #ONE Mac And Cheese Monday Classic Macaroni In A Rich Cheese Sauce with various toppings

Spicy Chicken goujons served with wedges Salad & Sauces Roast Beef Roast potatoes Seasonal vegetables Gravy

Chicken Curry Served with Rice, Naan Bread Battered Fish, or Battered Sausages Chips and Peas

MAIN MEAL #TWO

Vegan nuggets, Served With wedges Coleslaw & House Salad Roast Vegetable Quiche with Potatoes & House Salad Vegetarian Mince Pie roast potatoes Seasonal vegetables Mangalore Sweet potato and Lentil Curry Served with Rice, Naan Bread

Vegetable Enchilada Served with chips

**HANDHELD** 

Authentic Tugo Pizza Slice Mexican Beef Burrito Ham & Cheese Panini Authentic Tugo Pizza Slice

Cheese & Tomato

BOWLED OVER

Pasta Kitchen with a choice of Sauces Silit

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HOT PUDDING

Victoria Sponge

Chocolate Cake with Custard

Spiced Muffin

Carrot cake

Jam sponge with Custard

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<u>meal</u> Deals

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## JACKET STATION

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VEGAN OPTIONS Available Daily



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3

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**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

MAIN MEAL #ONE

Beef meatballs i a rich tomato herby sauce with Pasta Classic Mince and Dumpling with Mashed Potatoes and Vegetables Roast Turkey with Sage & Onion Stuffing Roast Potatoes, Vegetables &

Chicken Madras Served with Rice, Naan Bread

Battered Fish or Battered sausage Chips and Peas

MAIN MEAL #TWO Quorn Pieces in Tomatosauce Served With Baby Potatoes and vegetables Vege Mince and Dumpling with Mashed Potatoes and Vegetables Quorn Sausage with Roast Potatoes Vegetables &

Vegetable Korma Curry Served with Rice, Vegan Southern Fried Burger in a Bun with Chips & Coleslaw

HANDHELD

Ham & Cheese Panini Authentic Tugo

Ham and Cheese Panini Authentic Tugo Pizza Slice

uthentic Tugo

BOWLED OVER

with a choice of sauces

Sign

Pasta Kitchen with a choice of sauces Pasta Kitchen with

Pasta Kitchen with a choice of sauces Pasta Kitchen with a choice of sauces

HOT PUDDING

Chocolate Orange Muffin

Berry Sponge with Custard

Flapjac

Iced Sponge

Pancakes with Banana Toffee Sauce

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