

## PE Impact Statement

Overall aim: How can we encourage and promote healthy lifestyles through physical activity and food & nutrition?

#### Achievement

	EYFS (Physical development)	KS1	KS2
Progress			
Attainment	84.44% at expected	81.75% at expected	83.66% at expected
	or above	or above	or above

# What is the impact on the school?

Children in year 1 and Reception talked confidently about their being a big selection of activities and games on offer during PE sessions, In KS2 the children in year 5 were able to discuss that PE has a positive impact on their mental and physical health and can make them stronger physically. A child in year 6 expressed that thought DT they have learned how to design and cook healthy meals and make healthy choices.

### What is the impact on the local area?

The children in year 2 were able to express that this can help you to want to join local football clubs. In KS2 the children confidently talked about the selection of school events and how lots of schools from the local area also attend, making it more accessible and able to form links with other schools. This creates competitiveness across schools and they enjoy competing against children they are familiar with.

# What is the impact on preparing our children for life in Modern Day Britain?

The children in year 4 discussed the preparedness that PE creates in readying you for playing sports as an adult. In year 5 the children talked about how this can help you to get a job in the future e.g as a sports coach, PE teacher, athlete etc. Reception children talked about how it helps you to become fit and healthy and strong for when you are older if you eat healthy foods. In year 6 the children could talk about how the passion for sports starts from when you are young within school which then leads onto your motivation, leadership skills and teaching you how to be part of a team. Our Team GB athlete visit was mentioned by a number of pupils, in inspiring them to aim high within sports.

Impact of child conferences: It is clear that the children understand the importance of physical exercise and are able to also discuss how this links to healthy choices in food and nutrition. Across the school children can confidently discuss how PE inspires them for their future life and inspirations for their careers.

Impact of data: Gaps identified/trends - Girls lack exceeding, SEN majority emerging, FSM majority emerging.

### Next steps:

- To enhance the school environment in creating more opportunities for physical exercise.
- Focus on SEN/FSM children through clubs and interventions.
- To continue to thoroughly embed healthy lifestyles/food and nutrition choices.

### Portfolio of Work







**EYFS** 



In reception the children have been able to grow and develop physically with opportunities to participate in lots of gross developmental games and activities.



They have built their strength and trust to participate in multiple festivals and events outside of school.



Reception have connected with others and other areas of learning, writing about their love for sports and learning all about healthy eating through their topic 'Ready Steady Grow'!

KS1



The children in KS1 have aspired to become physically and mentally stronger through practicing key skills and sports.



The children in KS1 have believed in themselves throughout the year to participate in different sporting activities, which has built their strength and resilience!



They have connected and brought of their learning together in learning lots about healthy lifestyles and why it is important to exercise and make healthy food choices.

**KS2** 



In KS2 they have demonstrated wisdom and growth through building on taught skills from previous years. They have used their sticky knowledge to progress!



KS2 were able to demonstrate how to become physically stronger and mentally stronger through a variety of sports and skills, along with food and nutrition.



As a final point in their learning KS2 have been able to demonstrate teamwork and friendships in coming together for Sports day and Fit 4 Fun