

# **RHSE Implementation Statement**

Overall aim: To support and help children to be safe, make informed decision, be healthy and prepared for life's opportunities in modern day Britain.







#### Implementation of RHSE

At St Oswald's, we follow the DfE Statutory 'RSHE' Guidance, PSHE Association and Project Evolve to plan and deliver our sensitive and content-rich programme. Our school ethos and values align with our commitment to the delivery of SMSC (spiritual, moral, social and cultural development), RSE (relationships and sex education) and health education. Additional 'Curriculum Days' allow us to focus on issues that matter to our community and celebrate links with other curriculum subjects.

COLD

GOLD

### Sticky knowledge

- Vocabulary: growth mind set, rights & responsibilities, healthy lifestyles, relationships, valuing differences, wellbeing, adolescence,
- Progression of skills mapped through each year group
- Gaining the skills to understanding feelings, getting help, communicate and support others

### How are we meeting the needs of all learners?

- flexible groupings based on prior knowledge and personal experiences
- themes
- a variety of platforms to present and communicate e.g. Seesaw, Google Classroom, Apple Classroom apps

# Links to core skills (language, reading, writing and maths)

- Maths: money, budgeting
- English: speaking and listening, role play
- Design Technology: Food and Nutrition
- Science: Animals including Humans, Plants
- RE/Worship Understanding Christianity and other faiths

### Opportunities for enrichment

- Charity fundraising Courageous Advocacy projects
- School Council, Christian Council, Eco Warriors Fit 4 Fun Day
- Aspirations Day Industry visits / visitors