



RSHE Intent Statement

Overall aim: All of our children form and maintain healthy and loving relationships with themselves and others.



- Grow to have positive mental and physical health.
- Wisdom and understanding of the harms and risks that can affect mental and physical wellbeing.
- Have wisdom to know that we have a choice about how we communicate.



- Strength and resilience to gain a positive, healthy wellbeing.
- Trust in those with whom a healthy, respectful relationship is established.



- Build and sustain mutually beneficial and respectful relationships with love as the foundation.
- Connect safely with others using technology and other communication channels.
- Support others and seek help when situations cause concern.

Context

Opportunities in school: Senior Mental Health Lead, family support worker, curriculum including forest school, charitable events and courageous advocacy projects

Opportunities in the local area: Church, local food bank, care homes, outside agency projects such as healthy minds and emotional resilience.

Opportunities for life in Modern Day Britain: Courageous advocacy, Christian Council, School Council

End Points

EYFS	KS1	KS2
Can work and play collaboratively.	Can contribute positively to the life of the class and school.	Can recognise and talk about a wide range of emotions and know where to seek the necessary support if needed.
Can understand their own feelings and those of others.	Understand how to communicate their feelings to others.	Understand the importance of self-respect and the positive impact this has on themselves and those around them .
Can evaluate the reasons for rules, knowing right from wrong.	Evaluate their responses to others so they can respond appropriately.	Evaluate how their actions (positive or negative) can have impact on the wider world.