



PE Intent Statement

Overall aim: To inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. Provide pupils with opportunities to become physically confident in ways that supports their health and fitness. Pupils should have opportunity to compete in sport and activities that embed values such as fairness and respect.



Aspire

- Wisdom to become confident and knowledgeable learners when demonstrating skills.
- Grow in physical ability and awareness of healthy lifestyles.
- Grow in appreciation of variety of different skills needed to compete in different sports.
- Aspire to work collectively and individually.



Believe

- Strength to persevere and show resilience when learning new skills.
- Trust the knowledge shared in order to better their own abilities.
- Trust in others when working in a team in order to achieve a goal.
- Believe in ourselves and know that we all have own qualities and skillset that contribute our own and others learning.



Connect

- Connect with one another throughout PE sessions to demonstrate positive teamwork and attitudes.
- Develop friendships through medium of sport.
- Gain peace through participation despite the result.
- Connect with competitors from other establishments.

Context

Opportunities in school: Cross curricular links through FAFs and MAMs and orienteering across subjects, memorable experiences, promotion of a love of physical activity and healthy living, access to fun and engaging curriculum, opportunities to participate in new sports, offers of sport based after school clubs, strong emphasis on physical wellbeing (movement breaks/go noodles etc).

Opportunities in the local area: Experience of secondary school curriculum e.g orienteering, offers of clubs in the local area, competing in intra-school competitions, wider links to establishments outside of school e.g Sports King, links to Hebburn Hub, links with Bede Burn Primary School (school based competitions).

Opportunities for life in Modern Day Britain: Diverse knowledge and skills of a range of sports, a fostered love of sport and healthy lifestyles, confidence gained through teamwork and leadership skills gained through sports.

End Points

EYFS	KS1	KS2
Negotiate space and obstacles safely, with consideration for themselves and others.	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Use running, jumping, throwing and catching in isolation and in combination. play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending
Demonstrate strength, balance and coordination when playing.	Participate in team games, developing simple tactics for attacking and defending	Develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics). Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.	Perform dances using simple movement patterns.	Perform dances using a range of movement patterns.
		Take part in outdoor and adventurous activity challenges both individually and within a team.