



# Reception - How can I find the Super Hero in all of us?



## Key Questions

1. **I am a superhero:** How can I look carefully at myself and paint a self portrait?
2. **Unique me:** How can I explore what makes me, me? What unique talents do I have?
3. **Amazing me:** How can I look at how my body works and explore my 5 senses?
4. **Incredible families:** Who in my family is a super hero to me? How can I recreate my own family rescue scene?
5. **Real super heroes:** How can I find out who is a superhero in school?
6. **Super hero 999:** Who can help us in an emergency? How can I find out what fire-fighters do? (*visit from fire service*)
7. **Local Super heroes:** Who is the right person for the job? Who helps us when parents are unavailable?
8. **We celebrate you:** How can we celebrate all unique gifts, talents, abilities and actions?

## Vocabulary

Special unique amazing talent jobs  
 local emergency police fire-fighter  
 Ambulance teacher parent family  
 grandparent important celebrate  
 senses doctor nurse dentist vet



## National Curriculum

### **KUW (People and communities)**

- Explore similarities and differences between others and yourself.
- Be encouraged to develop positive relationships with community members, such as fire fighters who visit the setting.
- Talk about past and present events in your own life and lives of family members.

### **C+L (Speaking)**

- Express themselves effectively, showing awareness of listeners' needs.
- Develop their own narratives and explanations by connecting ideas or events.
- Use language to imagine and recreate roles and experiences in play situations?

### **PSED**

- Show sensitivity to others' needs and feelings and form positive relationships with adults and other children.

### **PD**

- Know good health through physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

### **EAD**

- Safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function.
- Represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role-play and stories.

## Links through provision

- Role play area, art and design, area, small world, computing/ipads and writing area.



# Home Learning



## Activities for home learning:

- Make a list of talents/ hobbies you have.
- Create a fire station/ police station/ hospital from lego or blocks.
- Role play being a fire fighter or ambulance driver.
- Create a family portrait.
- Explore your 5 senses—have something in a jar/ tub that you have to smell and identify, put something in a bag that you have to feel and identify!
- Explore your body parts, look at a skeleton.
- Create a picture or thank you card to local superheroes or 999 workers.
- Draw yourself as a superhero and design a cape.
- Make badges for different heroes
- Read Supertato books.

## Website links:

<https://eyfs.info/resources/topic-support/people-who-help-us-r5/>

<https://www.twinkl.co.uk/resources/early-years-everyday-life/early-years-people-who-help-us/early-years-people-who-help-us-activities-and-games>

<https://www.hamilton-trust.org.uk/topics/reception-topics/superheroes/>

<https://www.youtube.com/watch?v=F4QRChIrUs0>

### Supertato stories -

<https://www.youtube.com/watch?v=rze89HB9u8g>

<https://www.youtube.com/watch?v=RmFYrfquR5k>

<https://www.youtube.com/watch?v=f3SymbvibCM>

