



Burnside College

Young Carers Policy

2023

Our Vision

To ensure that all the children and young people in our care have the opportunity to fulfil their potential and that they are supported where needed to ensure they access the full curriculum and extra curricular opportunities in line with their peers.

Young carers – school statement for pupils and families

We are aware that pupils in our school may well have caring roles at home. We believe that no child should have to take on inappropriate or excessive caring responsibilities. When a young person does look after someone in their family who has an illness, disability or substance misuse problem, they may need a little extra support to help them have equal access to education. We aim to understand the issues faced by young carers and to have a separate policy for young carers stating how we will support any pupil who helps to look after someone at home. We aim to support young carers through a holistic approach and through working with other agencies and professionals, with the understanding that support for the whole family is in the best interests of the young carer.

Context:

The definition of a young carer is as defined in section 96 of the Children and Families Act 2014 as “a person under 18 who provides or intends to provide care for another person (of any age, except where that care is provided for payment, pursuant to a

contract or voluntary work). This relates to care for any family member who is physically or mentally ill, disabled or misuses substances”.

From April 2015 The Care Act and The Children and Families Act (both 2014) will redefine the way the Local Authority works to support young carers and their families.

Responsibilities for identifying and supporting young carers are placed on the Local Authority as a whole and are set out in the Children’s Act 1989 (including insertions made by the Children and Families Act 2014) and under the Care Act 2014.

Section 96 of the Children and Families Act 2014 introduces new rights for young carers in order to improve how young carers and their families are identified and supported.

From April 2015 all young carers will be entitled to an assessment of their needs from the Local Authority and a transition assessment as they approach adulthood. This new provision works alongside measures in The Care Act for assessing adults to enable a “whole family approach” to providing assessment and support.

To meet eligibility for a service from the local authority, children and young people must:

- Meet this **definition** of a young carer
- Be undertaking **age inappropriate care** (in terms of what they do or the degree to which they do it)
- Be **negatively impacted** as a result of their care role, i.e their physical/mental health, education, employment, training, emotional and behavioural development, identity, family, social and peer relationships.

We do appreciate that some students do not wish to be identified as young carers with the Local Authority. Where this is the case we still fulfil a pastoral duty to ensure that they are provided with resources and support to overcome their barriers. Families are welcome to contact us at any time to discuss what we can do to help.

Background:

Young carers often experience difficulties in their education. They may struggle to attend their educational setting and make good progress. Their caring role may impact upon their emotional and physical wellbeing. Identifying and supporting young carers is an effective way of improving the attainment and attendance of this pupil group. We believe that by supporting young carers and their families we can strengthen families and support parenting.

A young carer may do all or some of the following:

- Practical tasks, such as preparing meals and drinks.
- Physical care, such as lifting, helping a parent on stairs or with physiotherapy.
- Personal care, such as washing, dressing, administering medication, changing dressings, and/or helping with toileting needs.

- Domestic tasks, such as cleaning, managing the family budget, paying bills, collecting benefits and prescriptions.
- Looking after younger siblings.
- Emotional/Mental Health support and care, such as staying at home to keep the person they care for company and making sure medication is correctly prescribed.
- Interpreting, due to a hearing or speech impediment or because English is not the family's first language.

Policy

1. We will endeavour to identify young carers by asking the question of parents/carers on the induction paperwork upon entry "do you consider your child to be a young carer? (i.e do they have caring responsibilities for one or both parents, siblings or family members?)" If this identifies a student as a young carer we will make a bespoke offer of support within school but also using external services which may include:

- A referral to the Local Authority's commissioned support service to request that a detailed assessment is undertaken to ascertain appropriate support if supported by the young person and their family.
- A referral to the Local Authority's young carer respite support group.
- A referral to our support group in school with Kalmer counselling
- A referral to young carers POP card scheme.
- Signposting and/or referral to relevant agencies.
- Information and advice and internal assessment for new cases identified by staff

2. The school will keep up to date with national and local developments and with legislation and guidance affecting young carers and their families.

3. A Lead is assigned (Jeff Morgan) and has special responsibility for young carers and their families in school.

4. Training on young carers' issues will be embedded in on-going professional development for all staff.

5. During the enrolment process for new pupils, the school will identify whether parent(s) / carers or family members have disabilities or other long-term physical or mental health problems. Pupils who are young carers will be identified along with any additional needs they may have.

6. Learning passports (where necessary) will recognise the child's/young person's specific needs as a young carer. We will use and evaluate data effectively to identify and monitor the progress made by young carers.

7. Burnside College staff will aim to offer support to improve attendance and pupil's wellbeing. The right to pupil's and families' privacy will be respected and the school will only share information with professionals and agencies on a "need to know basis" in order to support pupils and families. Information about support available for young

carers and how to access it will be made clearly available to both pupils and families.

8. We recognise that young carers and their families need to receive coordinated support by the school, working in partnership where appropriate with general practitioners, young carers' services, behaviour and education support teams. Young carers will be referred or signposted to other support agencies and professionals as appropriate, including the local young carers' service. The school will refer or signpost families to other support services when appropriate.

9. Burnside adheres to The Equality Act 2010. All the trust schools are accessible and welcoming to parents/carers with disabilities and/or illness, offering additional support to enable them to attend parents' evenings or other school events. Home visits will be considered where appropriate.

10. Where identified by previous school we will offer support to the young person and their family during the transition process, also sharing agreed information with a new school/college lead for young carers should the students transition from Burnside.

11. Relevant aspects of the curriculum, such as personal, social, health and economics education will be used to encourage positive approaches by all teachers and staff working with young carers. The school will use the curriculum to promote a full understanding, acceptance of, and respect for, issues such as caring, disability and impairment, for example, embedding the challenges faced by young carers into the curriculum for personal, social, health and economic.

12. We will consider alternatives if a young carer is unable to attend out of school activities, such as sports coaching or concerts, due to their caring role. The school will also consider lunchtime detentions rather than after school ones where necessary.

13. Where possible, the school will negotiate deadlines, for example, for homework and coursework, in advance.

14. Other appropriate policies, such as a bullying policy, will take young carers into account.

15. Students and families have access to the schools online Young Carers hub via google classroom to engage with projects and advice and support. Additionally this creates a way of communicating for families who may not be able to attend site.

The school will actively seek feedback and ideas from young carers and their families in order to shape and improve provision for young carers.

Reviewed by CJ - Oct 2023

Ratified by Governors - Dec 2023