The Toby Henderson Trust

FREE ‘In person’ Workshop

Preparing for Christmas with your autistic child

This is a free workshop and is aimed at families who have an autistic child (or young person undergoing the diagnostic pathway).
The Christmas period can be a magical time full of fun and celebrations but for some autistic children and young people, they can find these festivities overwhelming and anxiety provoking. As we approach the Christmas season, this workshop will explore practical ideas, strategies and insights into how anxieties can be reduced for the whole family.

Tuesday 1st December 2026
10am - 11:30am
At: Autism Hub, Gordon St, South Shields, NE33 4JP

Book your place

AUTISM HUB
The Toby Henderson Trust

If you are interested in joining, please book your place by emailing autismhub@ttht.co.uk or calling 0191 816 0550
(Please leave a voice message, missed calls can not be replied to)

Please note: This workshop is for families living in the South Tyneside area.