

STANHOPE PRIMARY SCHOOL



PARENTAL ONLINE SAFETY GUIDANCE

A Practical Guide to Keeping
Children Safe Online

STANHOPE PARENTS GUIDE - WHO CAN MY CHILD INTERACT WITH ONLINE?



1. Verified School Teachers Only

Only communicate with approved school staff through official platforms.



2. Closed Class Networks

Interactions are strictly limited to **known classmates** within secure systems.



3. Zero Stranger Access

School activities will **never** permit interaction with unverified individuals.



LAYER UP FOR ONLINE SAFETY

► THINK OF SAFETY IN LAYERS.
ADD SUPPORT THAT FITS YOUR
CHILD'S AGE & NEEDS.
START SIMPLE!



LAYER 1: NETWORK CONTROLS

- AT HOME (FILTER ADULT CONTENT, AGE-FILTERS, ALL DEVICES, SCHEDULES)
- ON THE GO (MOBILE DATA FILTERING)

CHECK PROVIDER TOOLS & GUIDES. ONLINE SAFETY CONVERSATIONS ARE KEY!



LAYER 2: DEVICE CONTROLS



- HELP MANAGE (SCREEN TIME, PRIVACY & LOCATION, IN-APP SPENDING, CONTENT)

EXPLORE PARENTAL CONTROLS & FAMILY SETTINGS. CHANGE OVER TIME FOR INDEPENDENCE!

LAYER 3: APP & PLATFORM CONTROLS

- SHAPE THE EXPERIENCE (MESSAGING BOUNDARIES, FILTER CONTENT, REPORT HARMFUL BEHAVIOUR, POSITIVE ONLINE EXPERIENCES)

IDEALLY EXPLORE TOGETHER WITH YOUR CHILD!

Layer up for online safety. Start simple, add support, and change settings as your child grows. **STANHOPE PRIMARY SCHOOL.**



DIGITAL SAFETY

FOR 5-7 YEAR OLDS



1. TOO MUCH SCREEN TIME

Set time limits and encourage balanced offline activities.



2. STRANGER CONTACT

Review app communication settings and privacy limits.



3. ONLINE BULLYING

Discuss what bullying looks like and how to get help.

PRACTICAL APP CONTROL TIPS



YouTube Kids

- Use timers
- Turn off watch history



Netflix

- Create child profile
- Set PIN lock
- Turn off autoplay



Disney+

- Kid profile
- Parental PIN
- Set maturity levels

EVERYDAY CONVERSATIONS TO HAVE

Ask what they watch and play

ask how online time makes them feel

discuss when to take a break

Build digital skills together at internetmatters.org

DIGITAL SAFETY FOR 7-11 YEAR OLDS

1. KEY CONCERNS & SOLUTIONS



Screen Time & Sleep: Set app limits and create tech-free bedrooms.



Misinformation & Fake News: Teach critical thinking and fact-checking.



In-App Purchases & Gaming: Turn off one-click buying and set spending caps.



PRACTICAL APP CONTROL TIPS



Roblox: Set privacy filters, restrict voice chat.



TikTok/YouTube: Use restricted mode, Set age controls.



WhatsApp/Discord: Block unknown contacts, -Keep accounts private.

EVERYDAY CONVERSATIONS TO HAVE

What games or apps are your friends using?

Have you seen anything online that felt fake or upsetting?

What would you do if a stranger tried to message you?

Build digital skills together at internetmatters.org

STANHOPE PRIMARY SCHOOL

TRUSTED DIGITAL SAFETY RESOURCES



PRACTICAL GUIDES

Internet Matters: Step-by-step setup for parental controls on phones, networks & consoles



SAFETY REVIEWS

Common Sense Media: Check if apps, games, and movies are age-appropriate



REPORTING BULLYING

**NSPCC & School
Safeguarding Lead:** Get help for cyberbullying or online abuse



REPORTING EXPLOITATION

**CEOP Safety Centre
(NCA):** Report grooming or inappropriate adult contact

STANHOPE ONLINE SAFETY – POPULAR APPS & AGE RATINGS



TikTok
13+



Snapchat
13+



Instagram
13+



YouTube
**18+ or 13+
with Parental
Consent**



Facebook
13+



Roblox
**PEGI 7+ /
Parental
Guidance**



**Stanhope Primary School does not promote or advise
any social media use for primary pupils due to
COPPA data collection and mental health impact.
Always check PEGI ratings and set parental controls.**



STANHOPE ONLINE SAFETY

STOP, THINK, TELL

THINK BEFORE YOU USE THE INTERNET

T



T - Is it True?

H



H - Is it Helpful?

I



I - Is it Inspiring?

N



N - Is it Necessary?

K



K - Is it Kind?



STANHOPE ONLINE SAFETY - NEED HELP? TALK TO US



Stanhope Telephone | 0191 420 1710



Class Teacher |



Safeguarding Leads | Mr Rogers, Mrs Boardman,
Mrs Thompson



Emotional Support Lead | Mrs. Riches



NSPCC Helpline | 0808 800 5000