

## **PE – Intent, Implementation and Impact**

**At Stanhope Primary we believe that a high quality and enjoyable physical education programme, in a safe and supportive environment, is integral in promoting the optimum physical and emotional development in all pupils. We aim to provide the opportunity for our children to safely experience a range of sporting activities for their fun and enjoyment. Through teaching a broad and balanced physical education curriculum, we aim to improve the wellbeing and fitness of all children and instil in them the skills needed to be stewards of their own physical health. PE at Stanhope Primary School aims to motivate children to lead a more active life. It teaches the key skills of self-discipline, teamwork, resilience and leadership, and gives them the self-confidence to fulfil their potential to succeed in all physical activities. We aim to ensure that all children are happy and enjoy PE, thus raising participation levels both in and outside of school.**

**We want to equip the pupils so they are physically literate and have the knowledge, skills and motivation needed to live healthy, active lifestyles. We can do this by providing them with an inclusive, engaging programme of physical activity throughout their time with that also incorporates the opportunity for all to compete, whether against themselves or through the School Sports Network of competition.**

**We strive to provide high quality PE and sports teaching in both curriculum and after school clubs. We aim to ensure that within their own level of ability all children can achieve and experience success, thereby enabling them to reach their full potential.**

**We value the benefits of PE and sport to build children's self-confidence, esteem and self-worth that is character building and essential for our pupil's development.**

**We aim to provide opportunities for all children to experience competition at various levels both individually and as part of a team by means of in and out of school competitions. This will hopefully inspire children to participate fully and benefit from all aspects of sport physically, emotionally and socially.**

Through a broad range of activities offered during PE sessions we expect children to have access to a wide range of skills in order to provide opportunities for all where children can develop self-confidence, resilience and a sense of good sporting attitude. The sports premium funding is currently, and will continue to be, used in order to upskill the staff of the school through shadowing of qualified sports coaches and other CPD opportunities. Due to the well-designed curriculum pupils of all abilities can be challenged at an appropriate level through differentiated tasks.

At Stanhope Primary we have welcomed the Government's announcement to extend the Sport Premium to help primary schools improve the quality of the PE and sport activities they offer their pupils and we are committed to using this resource in developing high quality PE lessons, alongside greater opportunities for sporting competitions and clubs for all our young people.

### **Intent**

At Stanhope Primary School, it is our intent that all pupils, regardless of background and ability, have access to a broad and balanced physical education curriculum. Through the delivery of learning opportunities that inspire all children to succeed, it is our intent that:

- Children are taught and can apply the fundamental skills and movements in each lesson.
- They are physically active in each lesson and are motivated to reach their optimum physical and emotional development.
- They understand the values of teamwork and can collaborate effectively with others in a fair and cooperative manner.
- Pupils can practise and deploy their skills in a range of sports and activities, both individually and in teams, and be able to adapt these in different situations.
- Pupils have access to a wide range of sports within school, delivered by highly trained staff and external sports coaches.
- Children are offered access to a range of after-school sports clubs, including those activities not delivered through the national curriculum.

- The teaching of physical education is effectively differentiated according to pupils' needs, with equal opportunities in terms of resources, facilities and access to extra-curricular activities.
- Pupils observe their own and others' work, arriving at reasoned judgements to improve performance.
- Pupils become highly-skilled young leaders, organising individual and team sports within the school, and promoting sporting attitudes in others.
- Children are at the forefront of all lessons and have a voice in how the PE curriculum is both shaped and delivered.
- All pupils participate in competitive sport, both inside and out of the school, ensuring they do their best and display the skills of sportsmanship and self-discipline. In light of any Covid-19 restrictions, pupils will be able participate in virtual and class competitions.
- Pupils have a clear understanding of the importance of leading a healthy and active lifestyle and are aware of how a balanced diet and regular exercise contribute towards this.
- Sports Premium Funding through STSSN is spent effectively to develop a lasting legacy for PE and sport in the school.
- All children should aspire to leave primary school being able to swim at least 25m.
- Staff feel confident delivering the PE national curriculum and are provided regular CPD opportunities and the chance to work alongside expert sports coaches.

### **Implementation**

All pupils at Stanhope Primary School have access to high-quality PE teaching, delivered by staff and coaches from Active Kids. The teaching of PE at Stanhope Primary School is implemented in the following ways:

- Children learn through a range of sporting activities, including invasion games, ball games, field games, gymnastics, dance, swimming, and outdoor adventure.

- All pupils in the school have equal access in terms of curriculum balance, curriculum time, use of resources, use of facilities and access to extra-curricular activities.
- Children are encouraged to participate in competitive sporting events within the local area. These events develop the skills of teamwork, leadership and resilience. In light of any Covid-19 restrictions, pupils will take part in virtual and class competitions.
- All pupils are offered the opportunity to engage in extra-curricular activities and sports clubs, delivered by both staff and highly-trained sports coaches.
- Children are given a wide range of opportunities to build character and embed the values of teamwork and stewardship through activities, competitive sport, and Sports Day.
- All sporting success is celebrated in whole-school assemblies and on the school's website.
- A proportion of Sport Premium funding through STSSN is directed towards supporting children's wellbeing and mental health through in-school workshops and sessions delivered by professionals.
- All teachers are encouraged to promote the Daily Mile in their class, which helps towards achieving the target of all children being active for at least one hour a day.
- To promote a competitive nature in the school through the introduction of the Kit Challenge. Each class starts with 30 points at the beginning of the term and loses a point for every PE kit not brought in. The class with the most points at the end of the term is allowed to come into school in their sports kit on the final day of term.

### **Impact**

**At Stanhope Primary School, we strive to motivate children to use all the skills learnt in PE in an independent way in order to live active and healthy lives. Our aim is to create effective learners who are stewards of their own development and can achieve their personal best in everything they do. We determine and monitor the progress of physical education in our school in the following ways:**

- **Regular verbal feedback is given within all lessons to both praise pupil performance and offer clear guidance on how they can improve.**
- **Children become masters of their own learning and can make judgements on their own performance, as well support their peers to continue to improve and excel.**
- **Within each lesson, children develop a wider range of subject specific vocabulary.**
- **Pupils are set individual challenges in line with their current attainment and will be encouraged to evaluate their own areas for development.**
- **The impact of swimming will be through the percentage of those pupils who can swim over 25m.**
- **Children continue to be active, both within and outside of school, and understand the importance of a balanced diet.**
- **Pupils adopt a positive attitude towards their physical development and actively seek opportunities to participate in sport within the school.**
- **Pupils are proud to represent the school in sporting competitions and are keen to participate in these.**
- **Children feel safe to discuss their mental health and wellbeing and have access to workshops which support this area.**
- **Families and parents are encouraged to attend sporting events and celebrate participation and success with their children.**
- **We encourage a love of sport and physical activity through reward and acknowledgement.**
- **We want children to grow up to live happy and healthy lives, implementing the skills and knowledge acquired through PE.**