



Early Years PSHE Overview

In the Early Years Foundation Stage, PSHE is referred to as Personal, social and emotional development (PSED) In this area of learning children will learn to form positive relationships, in a setting that supports mutual respect and understanding and that celebrates and acknowledges differences.

PSED helps children to build strong relationships and manage their emotions. PSED is part of our everyday curriculum in the early years from learning to share, taking turns with resources and in conversation. PSED is about children gaining confidence in themselves, showing respect for others, social competence and a positive attitude to learning.

Here are just some of the focus activities we work on throughout the year:

| Autumn term | Spring term | Summer term |
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| <ul style="list-style-type: none">● Settling in● Becoming familiar with routines and boundaries in nursery and reception● Making new friends● What makes a good friend● Celebrating cultural diversity● Celebrating familiar traditions | <ul style="list-style-type: none">● Links to the British values of fairness, equality and Honesty● Speaking confidently about likes and dislikes● Finding out what makes us special● Listening to each other● Finding out about different occupations | <ul style="list-style-type: none">● Working together as part of a team● Moving on preparing for the next transition. |