

Welcome to our Lockdown Cookery Book

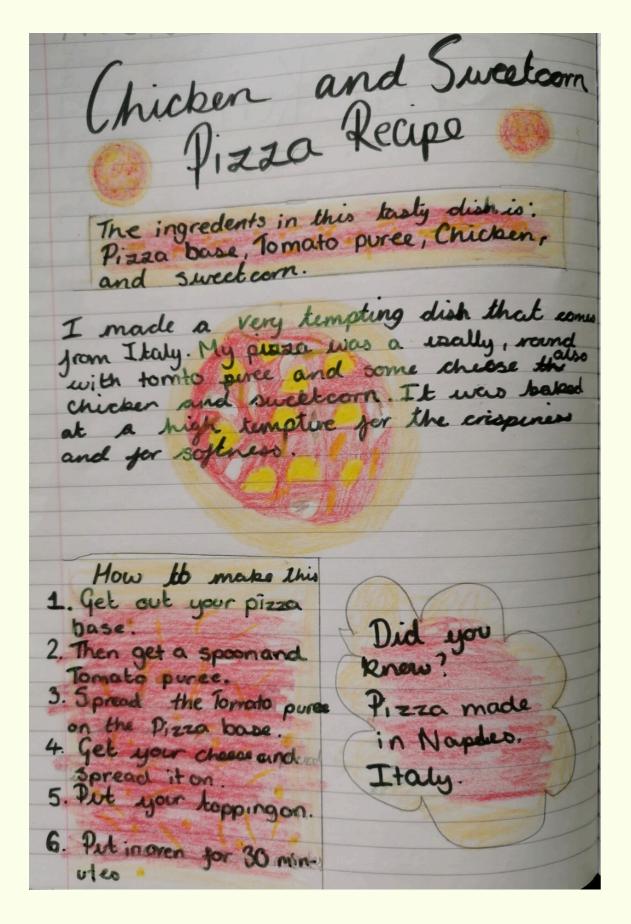
2020 is turning out to be one of the most challenging years yet...but we needn't worry about boring meals!

During the 'lockdown', our children and their families have been busy creating a whole host of mouth-watering meals, that we've compiled in this book for you all to enjoy. All of the photographs and recipes are from our children and have been chosen as they are their favourite foods to make.

Have a look and see what will be next on your menu...



Chicken & Sweetcorn Pizzas





Crispy Chicken Nuggets

You need chicken 🐓, oil 📕, and breadcrumbs 🕡.

I cut the chicken into small bits.

I cover the chicken in the breadcrumbs and I make sure it's all covered.

Then my mam heats the oil up and I put the nuggets in.

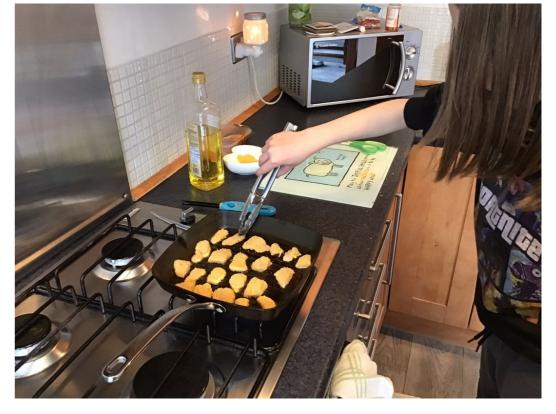
I make sure the nuggets are cooked and turn them over.

After a few minutes they are cooked.

I put them on a paper to get rid of
the oil.

I have them with tomato sauce 💆







Classic Spanish Paella

1.	large pinch of saffron strands.
2.	I vegable or chicken stock cube, made up to booml
3.	3 table spoons of olive oil, pluss extra for drizzling.
4.	125g of chorizo, roughly chapped
5.	800g baneless, skinless chicken breasts or thighs.
Ь.	I onion, finely chopped.
7	3 garlic gloves, finely chopped.
8.	I red pepper, desecded and chopped.
q.	2 tsb of paprika
10.	250g of rice
11.	290g of prawns
12.	Small nandfull of flat leaf parsley, chopped, to serve chopped lemon wedges, to serve.
13.	chopped tomatoes.





30° 4°		Method
3	1.	Stir saffron into stock.
	2.	heat the out in a pan with lid, add chorizo and fry 3mins. remove chorizo and put on kitchen paper.
	3.	chicken in pan, high heat 7-8 mins. When done put chicken in board and set aside.
	4.	put more oil in, put onion and garlic and fry so 4-8 mins. put pepper and paprika with more oil and stir to another 1-2 mins.
	5.	Stir in rice, add the stock + USoml
	ь.	tenatoes. cover and cook medium heat for 10 mins. add prawns and chorizo and cook for 5-10 mins.
	7.	remove pan from heat and leave for Omins scatter chopped parsley, then surved with lemon wedged and a drizzle of oil if you like.





Spicy Sausage Pasta





🌙 Spicy Sausage Pasta 🌙



ingredients.....

- Pack of 6 sausage
- 250g dried pasta shells
 - 1 tin of ratatouille
- 1 tin of chopped tomatoes with peppers and chilli
 - 1 onion
 - 2 cloves of garlic
 - Vegetable stock
 - 600ml of boiled water
- Double cream (optional)



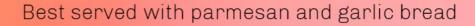
☆ This is a one pan dish so use a LARGE pan ☆

Method....

Dice and fry the onion, once cooked remove from the pan. Remove the sausage from its skin and add to the pan (so it crumbles.) Once golden add the onions back and add finely chopped garlic. Fry for 2 mins.

> Add the tin of chopped tomatoes, dry pasta, stock pot and water all together in the pan. Pop the lid on and simmer for 15 mins or until the pasta is cooked and the water has been absorbed. At this point I blend a tin of ratatouille (hidden veg for the kids or it can be left lumpy!) and pour into pan.

(chilli flakes can be added for extra spice.) Once all combined and cooked I finish with a swirl of double cream to make it creamy.



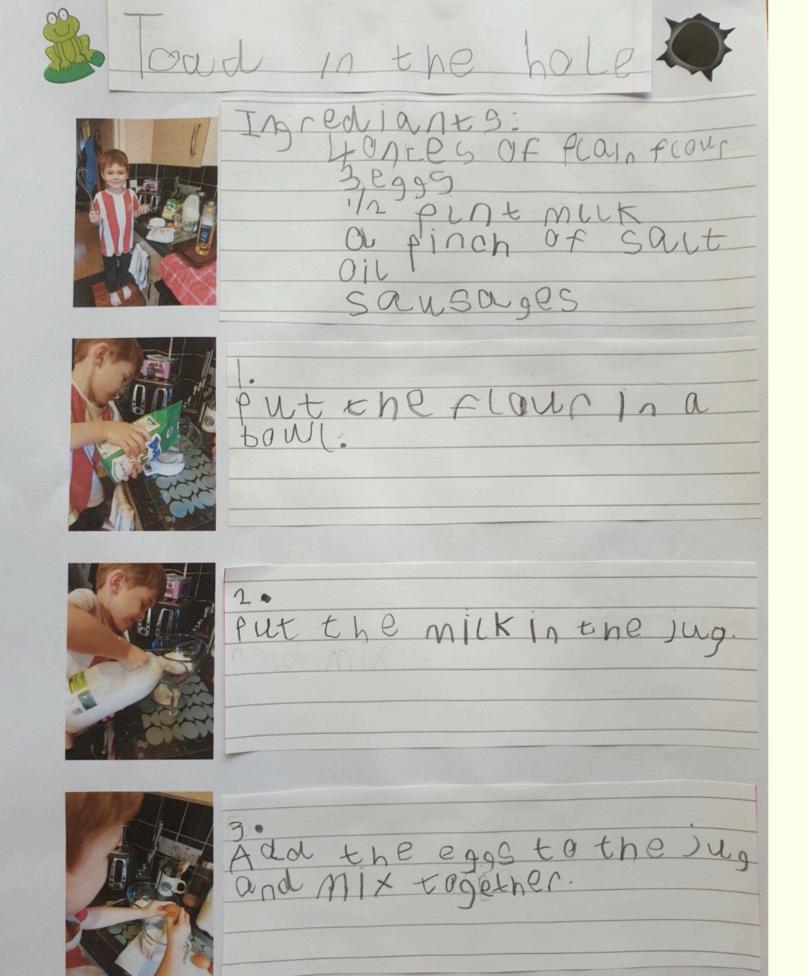
ENJOY!!!





Homemade Pizza

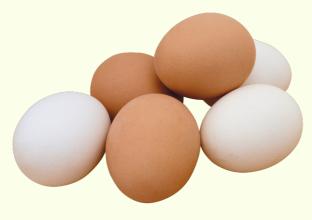






Toad in the Hole











Add the wet mix to the



Mix together Until 5 mooth.



futthe batterin the fridge to chill.



7. Brown the sangages Under the grill



put oil in a dishard plase in the over on high.



when the oil is hot? add the sausages and pour over the batter.



Placeback in the Oven and cook for 25-30 mins Untill brown



FAt and Dy



Lasagne

Ingredients

750g of mince

Lasnage sheets

Dolimao cheese sauce

Dolimo red lasnage sauce

3 carrots chopped up







Step 1

Brown the mince in a frying pan

Step2

Drain all fat and oil off the mince

Step 3

Add a jar of red lasnage sauce and stir in well so all mince is covered

Step 3 leave to simmer for a few minutes

Step 4

Layer some mince on the bottom of a oven proof dish

Step5

Add some cheese sauce

Step6

Put a layer of lasnage sheets ontop

Step 7

Continue with he layers until you run out of mince

Step 8

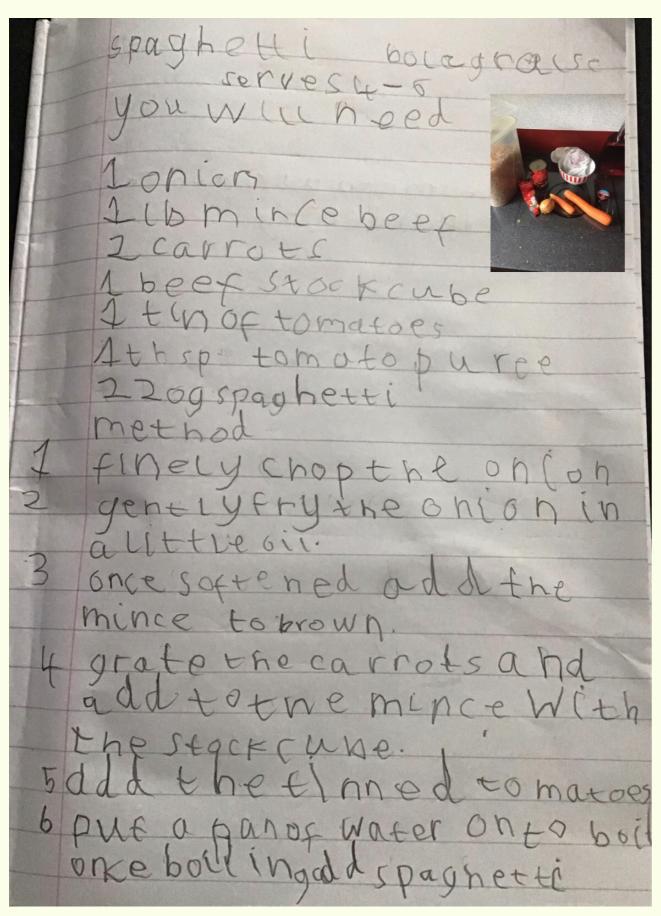
Sprinkle grated cheese over the top

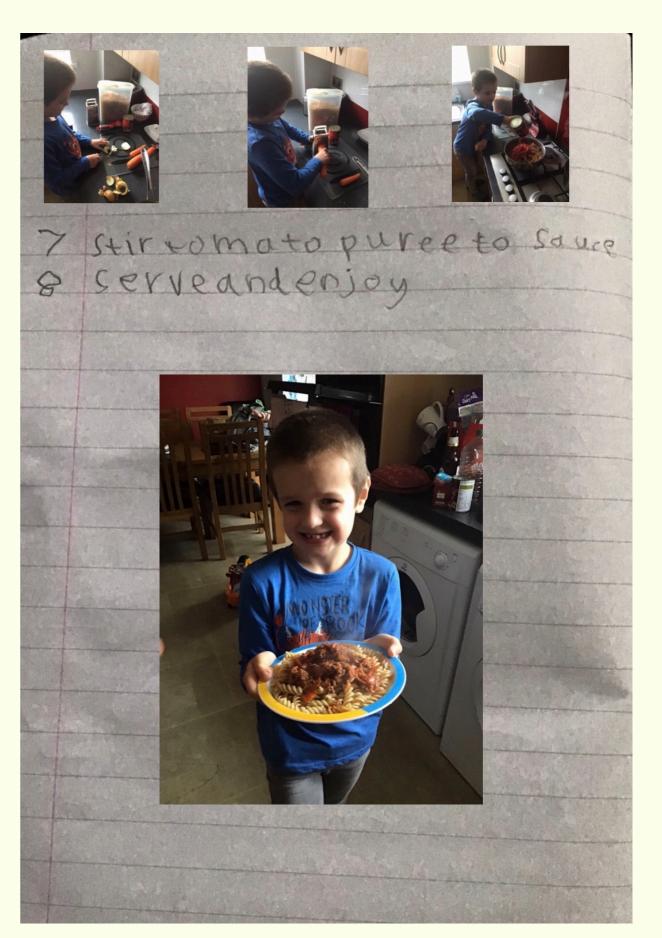
Step 9

Place in oven on 190 for 35-40 mins



Spaghetti Bolognese





Yummy Pancakes

Ingredients yummy Pancakes 100 grams og plain glour Salt X2 eggs 100 mis og misk Durections 50 lms og Water 1. put 100 grams of Flour la amixing cooking oil 2. crack 2 eggs in a bows. 3. Add some of milk utEnsils 4 whish the mixture s. Add the other soms of mick Bowl 6 whisk it again Whisk 7. put a dash of cooking oil in the Rnize grying pan Jug 8. Get an udvit to turn the cooker plate Spoon 9. When it's done get as adolt to glip it and put it on a plate then it's ready to eat





Ingredients

- . Pizza dough
 - . Tomato puree
- . Sliced pepperoni
 - . Mozzarella cheese
- Get all your Ingredients together, mam is heating the oven up at 180 c fan.
- Cut the Sheet of dough into 3 pieces (let an adult help you)
- Put the dough sheets on a Baking Tray, then use a spoon to spread the tomato puree on the dough.
- 4.get the pepperoni slices and spread them all over the pizza dough as many you want
- 5. At last sprinkle the cheese all over the pizza @after that ask mam or dad to put the baking tray into the oven.
- 6.Bake the pizza for 15-20 minutes until risen and golden brown, let an adult take the tray out of the oven call done enjoy.



Pepperoni Pizza





Cheeseburger

Pasties

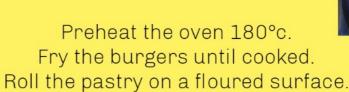


☆ Cole's Cheeseburger Pasties ☆

ingredients.....

- 4 fresh burgers
- 1 ball of mozzarella
- 1 block of puff pastry
 - 1 egg

Method.....



Cut out 8 circles (2 for each burger) slightly bigger than the burger.

Place a burger on the pastry and top it with mozzarella slice.

Place the pastry lid on, push together and seal with egg.

Gently imprint the top with a knife with a pattern and brush all over with egg.

Place in the oven for 25 to 30 minutes or until golden and pastry is cooked.

Serve with chips and sauce.....



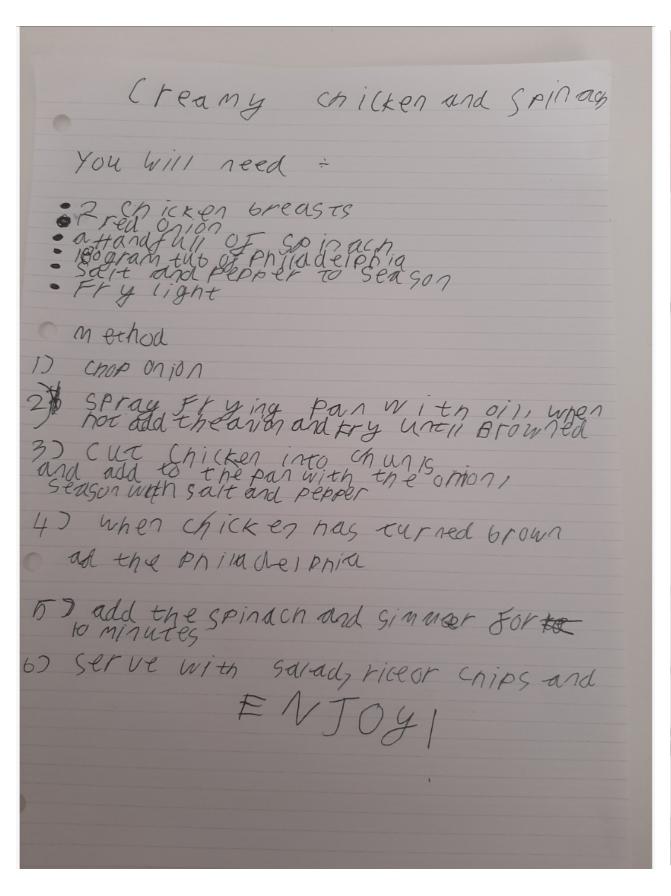








Creamy Chicken & Spinach





Jack's Fontestic Flat Breads you will need.

water







your hands





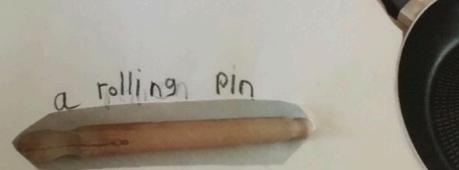


Ingredients 4009 self rasing flour

level tSp Of Salt

butter or mar garine

luke worm water 200 ml





/ ethool

1. Put flour and salt into a large bow/ and mix.

2. Add the melted butter and a dough is formed and mix until a dough is



3. place onto a floured surface. 4. knead for about half a minute until you have a smooth dough

5. Divide into six equal pieces (if you have a large pan) or 10-12 pieces if your using a normal frying pan.



6. Roll out eatch dough ball to about 8 inches. the size of a normal wrap

7. Cook in a non scick frying pan on medium to high heat NO OIT;

8. When the flat bread bubbles up a little, flip and Gook the other side.

9. cool on a wire rack.

These flatbreads can be reheated by placing in the oven or back in the pan.

You can use the flat brends as waps, pizza bases or enjoy with a yummy curry!







Creamy Coleslaw

Coleslaw Cabbage, carrots, mayonnaise, salt. You peel the carrots then you cut the cabbage grinder the carrots and then mix with mayo and a bit salt.















Garlic Saddleback Potatoes and Herb Roasted Vegetables



• Garlic butter was made with butter and chopped garlic.

Slow cook in oven till verything is nice and crispy on outside, soft inside.

♠ ► Cut vegetables in chunks
♠ ► Add oil, mixed herbs with a pinch of salt and pepper



♠ Mix and place on tray

cut potatoes with slice marks. Dont cut all the way.

spread garlic butter all over the potatoes.



serve with anything you like, like steak or chicken.



Posh Nutella Sandwich

1) First you bring a bread and remove the edges
2) Then you add some nutella and mak a small sandwich
3) Put in the toaster for 1 minutes

4) then cut it and decorat it as you want 😊 😊

this is Nutella sandwich



Chocolate Chip Cookies

1st In a large bowl combine the flour, bakeing soda and salt

2nd In a separate bowl, mix the butter, caster sugar, brown sugar and vanilla extract until smooth 3rd Add the eggs and the flour to the mixture and beat to combine*

4th Add the chocolate pieces and stir

5th drop well rounded spoonfuls of dough onto a greased cookie sheet

6th Bake at 375F for 8-10 mins

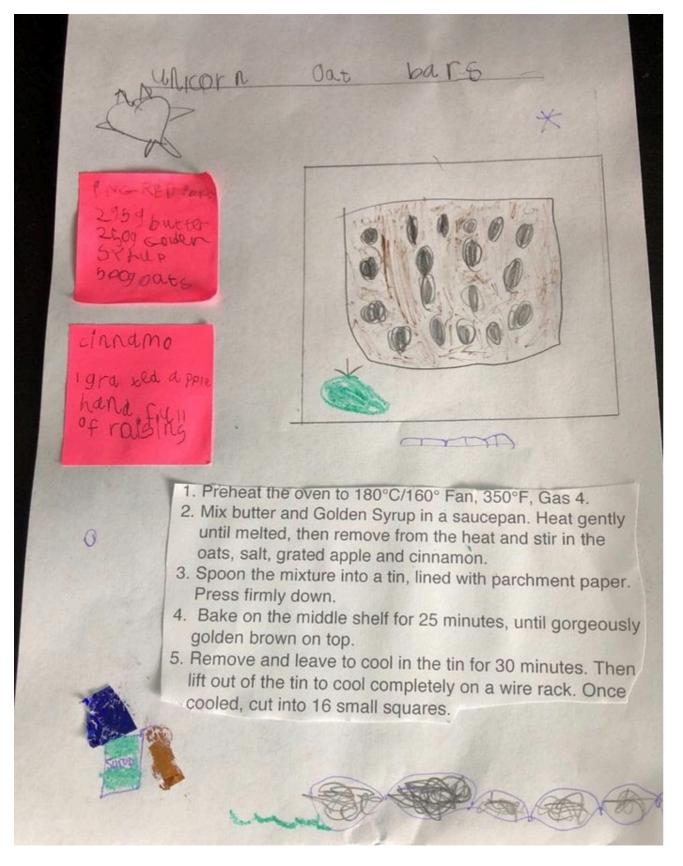
7th Remove from the oven and place cookies on a wire rack to cool.

*we added peunut butter in it



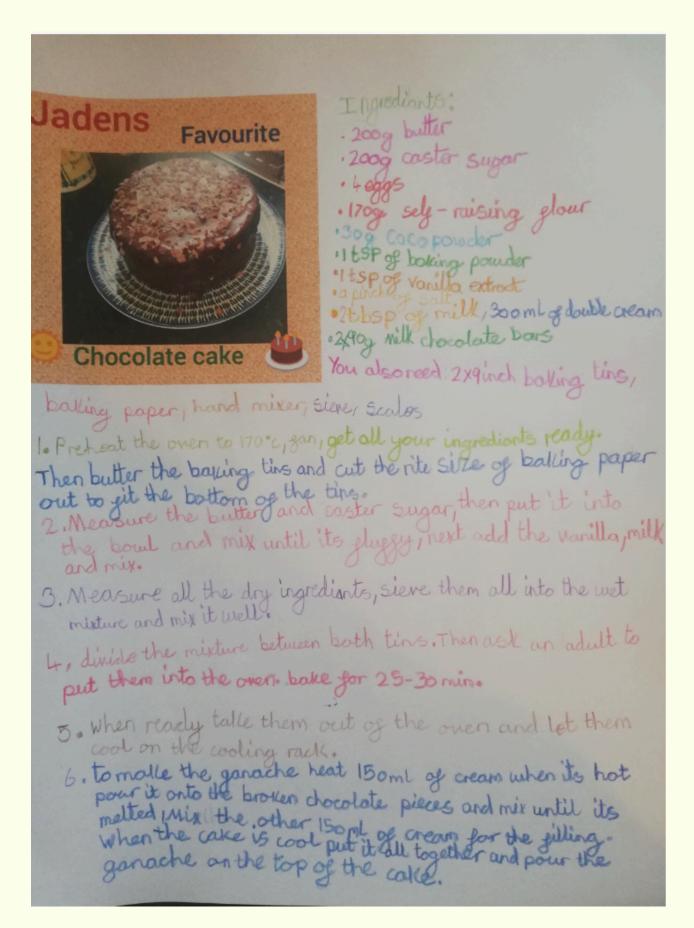


Unicorn Oat Bars





Jaden's Favourite Chocolate Cake





Sophie CUPCATIES You WILL NEED · 1 egg 60 MB Water 07 10 MV 911 Jog. coutter par the over or 180 mut cases 12 the the egg, water, are oily Dvide the nixture into the cases Put it the over , cook to 10 mins 71th the trent of sugar, with butter, but on top of capes



Alex's Gooey Chocolate Brownies

A packet of browny mix, 2tbs water, 2 tbs of oil and one large egg, add them all to a mixing bowl and mix. Get a 8" by8" square tin put greaseproof paper in place mixture into tin, and put into oven for 18/20min. Oven temperature needs to be 160 for fan and 180 for other ovens



Butterfly Cakes

How to make butterfly cakes:

Preparation time: less than 30 mins

Cooking time: 10 to 30

Servises: makes 12 small butterfly

cakes

Ingredients:

for the cakes

100g unsalted butter, softened

100g caster sugar

2 eggs lightly whisked

100g self -raising flour

1 tablespoon of milk

for the buttercream

125g unsalted ,softened butter

200g icing sugar

1 tablespoon of milk

Jam, sprinkles or anything you want for the topping

Method

1 heat the oven to 180C/ 350F / Gas mark 4 and put 12 fairy cake cases on a tray

2. Put the softened butter butter in a large bowl then mixwith an electric whisk until it goes fluffy. Slowly add the sugar and mix till it is all mixed together.

3. Add the whisked eggs bit by bit . It is important to mix it slowly.

- 4. Sift the flour into the bowl , using a spatula fold the flour into the cake mix
- 5. Add the milk to the milk to the cake mix
- 6. Use a spoon to put the cake mix into the cake cases
- 7. Bake the cases for 15 mins get an adult to check them
- 8. Take them out and let them cool down
- 9. To make the buttercreamm, put the butter into a big bowl and mix with electric mixer intil creamy. Sift the icing sugar alowly then faster

- 8.Take them out and let them cool down
- 9. To make the buttercreamm, put the butter into a big bowl and mix with electric mixer intil creamy. Sift in the icing sugar alowly then faster when it is all mixed in add the the milk if it is to stiff add a little bit more milk.
- 10. To make the butterfly cut the top off each cake and then cut them in half to make the wings add the cream in the whole then add the the wings





🍏 Easy Peasy Apple Pie 🍏



ingredients.....

- Short crust pastry block
 - 5 Apples (any type)
 - Sugar
 - 1 egg



Roll Half the pastry, line the bottom of a pie dish. peel and chop the apples. mix them together with sugar to coat them.





Fill the pie dish with the apples. Roll the other half of pastry. Cover with a lid of pastry and seal with egg, Crimp the sides with your fingers or a fork. Prick the top of the pie, brush all over with egg. Sprinkle with sugar.



Bake in the over at 180°c for 35 to 40 minutes, until Golden and cooked.

serve with vanilla ice cream or custard......



ENJOY!!!



Easy Peasy Apple Pie



Kendal's Sweet Scones

Kendal 200g self raising flour 1/2 teaspoon salt 50g lard milk to make a soft dough we added a few spoons of sugar to make them sweet enjoy with butter, jam or clotted cream



The Ultimate Chocolate Cake

Ingredients

For the cake

225g/8oz plain flour 350g/12½oz caster sugar 85g/3oz cocoa powder 1½ tsp baking powder 1½ tsp bicarbonate of soda 2 free-range eggs 250ml/9fl oz milk 125ml/41/2fl oz vegetable oil 2 tsp vanilla extract 250ml/9fl oz boiling water

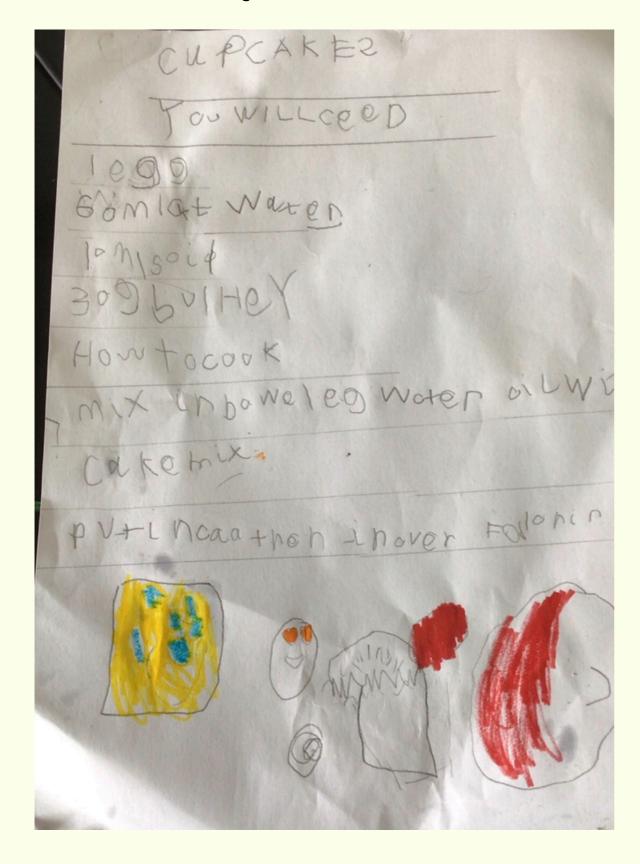


Method

- 1. Preheat the oven to 180C/160C Fan/Gas 4. Grease and line two 20cm/8in sandwich tins.
- For the cake, place all of the cake ingredients, except the boiling water, into a large mixing bowl. Using a wooden spoon, or electric whisk, beat the mixture until smooth and well combined.
- Add the boiling water to the mixture, a little at a time, until smooth. (The cake mixture will now be very liquid.)
- 4. Divide the cake batter between the sandwich tins and bake in the oven for 25–35 minutes, or until the top is firm to the touch and a skewer inserted into the centre of the cake comes out clean.



Jack's Cupcakes







Fluffy american pancakes

Ingredients
150g plain flour
½ teaspoon salt
1 tbs baking powder
1 ts sugar
225ml milk
1 egg
1 big spoon of melted butter

Method

sift the flour,salt,baking powder and sugar together.
 add the milk,egg and melted butter and mix until batter is smooth.
 heat a frying pan with a little oil,when it's hot, ladle the batter into the pan.

4.when the pancake starts to bubble,flip it over until golden.

5.serve hot with your favourite topping ... mine is maple syrup.





Chocolate Cupcakes

Sponge ingredients:

- 200g softened butter
- 200g caster sugar
- · 4 eggs
- 200g self-rising flour
- · 2 tbsp cocoa powder
- · 2 tbsp milk

Sponge method:

- 1. Pre heat oven to 190oc.
- 2. Beat together butter and sugar until light and creamy.
- 3. Gradually add eggs, flour, cocoa powder, and milk cream together until you have a smooth texture.
- 4. Divide mix equally between 12 cupcake cases. Bake in the oven for 20 minutes or until skewer comes out clean.

Icing ingredients:

- · 100g milk chocolate
- · 200g softened butter
- · 400g icing sugar
- · 5 tbsp cocoa powder
- · 2 tbsp milk

Icing method:

- 1. Melt chocolate in microwave at 30 second intervals.
- 2. In a separate bowl beat together butter and sugar until creamy.
- 3. Add sift cocoa powder, cooled chocolate, and milk mix to a smooth consistency.
- 4. Decorate cooled cupcakes generously.

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