

Court Fields School

Parent Weekly 'What's Happening' Bulletin



Message from Mrs Matthews

Thank you as always for your support this week as we welcomed all our students back into their full timetable. As we return to school and get back into routine, it is completely normal for children to be feeling nervous or a little overwhelmed after so much time away. We understand this, and their Tutors will be ensuring that they are providing support through the weekly Tutor Programme.

Thank you to all those who supported Red Nose Day today,. Counting is ongoing so we will announce the total raised next week. In the meantime here is a message from Mrs Kennett: "Very special thanks to all in 9E1 for their fundraising ideas and their quick baking for our bake sale that we held on Tuesday. We raised a massive £29 in support of Red Nose Day. Thank you to everyone who donated and/or bought one of our amazing cakes. Special thank you to Daisy, Georgia and Archie who all made amazing cakes." Just another example of our wonderful, kind and charitable students doing their bit to support others.

Have a lovely weekend, take care. Mrs Matthews



YOUTH ENVIRONMENT SUMMIT
SOMERSET

HIGH PROFILE ENVIRONMENTAL SPEAKERS
INTERACTIVE GUIDED WORKSHOPS AND A CHANCE FOR YOUR VOICE TO BE HEARD!

Saturday 27th March
10.30am-4pm on Zoom

Book your place:
somersetwildlife.org/events/yess

Wildlife Trusts Somerset Proudly supporting youth social action #iwill Somerset Youth Parliament Somerset County Council Somerset Community Foundation

HELPING A CHILD WITH ANXIETY

- ▶ Help them try to pinpoint what makes them feel that way, and recognise when to ask for help
- ▶ Reassure them that it will pass, and things will be better again
- ▶ Explain that there is nothing wrong with them experiencing these feelings
- ▶ Having a cuddle or a hug, or even just holding or touching their hands: physical touch can be relieving
- ▶ Take deep breaths, in through the nose and out the mouth
- ▶ Ask them to think of positive memories: of a person, a place, or an occasion
- ▶ Distract them with something enjoyable
- ▶ Come up with a plan of things to do when they get worried. For example, "If it ends up raining and we can't go out to play, we can stay inside and do arts and crafts!"
- ▶ Make a worry box: recording what worries them, and posting it in there



Court Fields PE Clubs March 2021

Location	Monday	Tuesday	Wednesday	Thursday	Friday
Courts	Year 8 Netball	Year 9 Netball		Year 7 Netball	
Sports Hall	Year 9 Futsal	Year 10 Futsal	Year 8 Futsal	Year 7 Futsal	Year 10 Badminton

- All Key Stage 3 clubs will finish at 4.10pm
- All Key stage 4 clubs will finish at 4.25pm
- Clubs on the courts will change in gym changing rooms. Clubs in the sports hall will change in sports hall changing rooms.
- Students will need shin pads and appropriate footwear for futsal.

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@CourtFieldsSch



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Maths Equipment

The Maths Shop is open again. Please purchase classroom equipment through the school website and it will be delivered to your child during tutor time. The equipment that they are expected to have with them is:

Pens (green and either black or blue), Pencil, Ruler, Eraser, Protractor, Compasses, Calculator.

All very reasonably priced!



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Book of the Week - Nothing Ever Happens Here, by Sarah Hagger-Holt

Nothing ever happens in the small town of Littlehaven. Or does it?

12-year-old Izzy was lacking confidence before she met her best friend, Grace. Now they are inseparable, and she can cope. Settled safely into second year of senior school, she even feels brave enough to audition for the school play. Then her father reveals that he is transgender. Suddenly Izzy's world is wobbling. What will this mean for the family's future? What will people say at school? Will things ever be normal again?

The book sees Izzy, her siblings and her parents gradually acclimatise to the new normal, dealing with a few unfavourable reactions along the way, but also finding support in some unlikely places. True friendship and love win through, and the family finds itself both stronger and prouder.

Where LGBT rights are concerned, the author's own experience, passion and knowledge permeate through every page whilst never preaching. This is a highly readable, touchingly honest, and deeply uplifting book.



Last call for Year 11 Leavers' Hoodies

We are doing an extra order for the Year 11 Leavers' Hoodies, if you previously missed out. All orders must be in by tonight. Please complete the attached form to place your order.

Lunch Arrangements

From Monday 22nd March, we are pleased to be able to resume the in-house catering service for Year 10 and Year 11 students at break and lunch time, accessed in the school hall. Timings will be;

Year 10 - Break 11.10 Lunch 1.30

Year 11 - Break 11.20 Lunch 1.45



Forward diary dates

Tuesday 30th March - Year 11 Parents' Evening

Thursday 1st April - Inset Day

Friday 2nd- Friday 16th April - Easter Holidays

Monday 19th April - Students return to school

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