

HOW ARE LIFE SKILLS DELIVERED?

PERSONAL DEVELOPMENT is a timetabled session. Sessions are 30 mins weekly and work on a rotation basis. Each student will receive 5 sessions on one strand of PD they will then change strands. Every student will have 30 sessions in total. Sessions are arranged this way so they are tailored to the year group requirements.

CITIZENSHIP/SMSC/PSHE/SRE/PD are all delivered via assemblies, Personal Development Sessions and Enrichment Days. We also have a weekly School Health Clinic.

CAREERS will be delivered via assemblies, Personal Development Sessions and Enrichment Days. Year 10 complete a week of Work Experience. In addition to this students in Year 10 and Year 11 will receive individual interviews with our careers advisor. They will also receive a personalised

FIND OUT MORE

There is a wealth of information available. Almost too much!

Key websites and contacts for help and advice are:



<https://www.childline.org.uk/>



<https://www.thinkuknow.co.uk/>



<http://www.nhs.uk/change4life/Pages/change-for-life.aspx>



<http://www.courtfields.net/>

Alternatively to contact us directly for any further Life skills information please use the links from the Court Fields School website.

LIFESKILLS FOR STUDENTS:
Personal Development
PSHE/SMSC/SRE Citizenship
Careers
Careers



Why are life skills
So important?
What are life skills?
How are they delivered?