WHAT IS CITIZENSHIP?

- Being an active and valued member of your community
- Contributing to society in a positive manner



WHAT DOES CAREERS COVER?

- Employment
- Further & Higher Education
- Apprenticeships & Work Based Learning
- Work Experience



Court Fields School - Achieve, Belong, Participate

WHAT IS PERSONAL DEVELOPMENT? (PD)

- Healthy Mind and Healthy Body
- Preferred Futures Finance and Economics
- Preferred Futures Careers and Lifelong learning
- Keeping safe
- British Values



WHAT DO SMSC/PSHE /SRE MEAN?

- Spiritual Moral Social &
 Cultural Development
- Personal Social Health & Economics Education
- Sex and Relationship Education



Court Fields School - Achieve, Belong, Participate



Life skills helping you to be happier & healthier



And to plan for your preferred future



HOW ARE LIFE SKILLS **DELIVERED?**

PERSONAL DEVELOPMENT is a timetabled session. Sessions are 30 mins weekly and work on a rotation basis. Each student will receive 5 sessions on one strand of PD they will then change strands. Every student will have 30 sessions in total. Sessions are arranged this way so they are tailored to the year group requirements.

CITIZENSHIP/SMSC/PSHE/SRE/PD are all delivered via assemblies, Personal Development Sessions and Enrichment Days. We also have a weekly School Health Clinic.

CAREERS will be delivered via assemblies, Personal Development Sessions and Enrichment Days. Year 10 complete a week of Work Experience. In addition to this students in Year 10 and Year 11 will receive individual interviews with our careers advisor. They will also receive a personalised

FIND OUT MORE

There is a wealth of information available. Almost too much!

Key websites and contacts for help and advice are:



https://www.childline.org.uk/



https://www.thinkuknow.co.uk/



ange http://www.nhs.uk/change4life/ [©] Pages/change-for-life.aspx



http://www.courtfields.net/

Alternatively to contact us directly for any further Life skills information please use the links from the Court Fields School website.

LIFESKILLS FOR STU-

DENTS:

Personal

Development

PSHE/SMSC/SRE Citizen-

ship

Careers

Careers



Why are life skills

So important?

What are life skills?

How are they delivered?