

Feeling Safe and Happy at St Michael's Catholic Primary Academy and Nursery



Safeguarding Advice for Children 2020-21

Feeling Safe and Happy at

St Michael's Catholic Primary Academy and Nursery

We want to make sure you are healthy and looked after, in and out of our Academy.

This policy looks at how every grown-up can help make you feel safe, and how you can spot if something bad is happening.

We can help you by:

- Only hiring people who can be trusted to keep you safe.
- Teaching you how to see if people are not keeping you safe.
- Helping you if someone does not keep you safe.
- Making sure all adults at our academy know what they have to do.

Sometimes we don't know if something bad is happening, so you need to tell us.



Grown-ups and other children

Grown-ups are there to **help** and **care** for you, but some grown-ups do **bad** things to children. Sometimes they say and do things that can **upset** or **hurt** you. Other children are in school to learn about things, just like you. Most children are friendly, but some can do bad things.

A safe grown-up can help you, but you need to tell them what is happening.

2

Feeling safe and unsafe

Playing with your friends or a hug from your mum, dad or carer can make you feel safe.



If someone or something makes you feel **unsafe** or **frightened**, tell a safe grown-up and they will make it **stop**.

You should also get to a **safe place** as soon as you can.



Saying NO

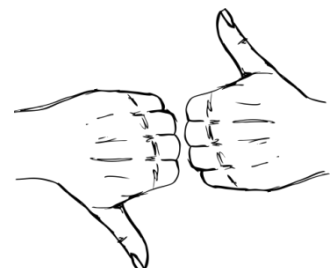
NO

Most of the time grown-ups know what is best for you, like when it is time for bed or eating your vegetables, but sometimes it is ok to say no to a grown-up.

If a grown-up or another child asks you to do something you know is **wrong**, like **stealing**, or if you feel **scared** or **unsafe**, you can say **no**.

Remember! It's not your fault!

Don't be afraid to tell a safe grown-up



4

Touch

There are **good** and **bad** touches.

Good touches:

A hug

Help with getting dressed

Holding hands



Bad touches can be **scary**, **hurt** or be **rude**.

Parts of the body covered by a swimming costume are **private**. We call them **private parts**. Unless you need help with washing or dressing, or need to see someone like a doctor, **no- one** should touch your private parts.

If a touch makes you feel **scared**, say **no** or make a sign to the person to **stop**. You should also tell a safe grown-up.





Secrets



A **secret** is something we know but try not to tell anyone else.

A **good** secret is a birthday party surprise or knowing someone is going to win a prize.

Sometimes we have been hurt, are afraid, or don't understand what's happened. If someone says we must keep a **bad thing** a secret, that's a **bad secret**.

If you think you have been told to keep a **bad secret**, you must tell a safe grown-up. If they **don't listen** or understand, tell a different safe grown-up until someone helps you.

6

Arguing and fighting



Sometimes children argue and fall out with each other.

Sometimes adults argue with each other and sometimes people who argue with each other fight. No one should fight, if you see adults or children arguing or fighting you should tell a safe grown up. They will help to keep you safe and happy.

7

Keeping safe using my iPad, tablet, phone, Xbox or PS:



Playing online & using social networks can be a **great way** of staying in touch with your **friends!** 😊

However, we need to keep ourselves safe in the cyber-world too (on wifi, 3G, 4G).

- **NOT ALL** games, apps and sites are safe for children to use.
- **Talk with people at home** about what you like to do online – if you need to keep something a **secret** from adults, it probably is **NOT SAFE** and you may be at risk of danger.
- Ask a safe grown up to help you change **privacy settings** and turn off **location sharing**. (For tips and support in doing this, call the **NSPCC Online Safety Helpline** on 0808 800 5002).
- Remember our **SMART tips**:

S Stay Safe Don't give out your personal information to people / places you don't know. 	M Don't Meet Up Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust. 	A Accepting Files Accepting emails, files, pictures or texts from people you don't know can cause problems. 	R Reliable? Check information before you believe it. Is the person or website telling the truth? 	T Tell Someone Tell an adult if someone or something makes you feel worried or uncomfortable.
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SMART tips based on resources from www.thinkuknow.co.uk



Telling a safe grown-up

Safe grown-ups are people who you **trust** to help you.

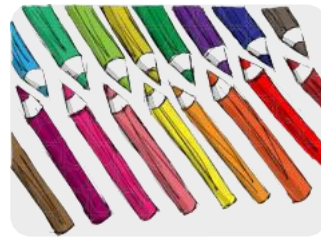
All the adults who work in our Academy are **safe** grown-ups they include:

- **Mrs L Bradley, Principal**
- **Mrs A Brereton, Vice Principal**
- School Nurse: Mrs Helen Smith
- Office Manager: Mrs Bowen
- All of our Teachers
- All of our Teaching Assistants
- Caretaker: Mr McHale
- Senior Lunchtime Supervisor Mrs McGinn and all of our Lunchtime Supervisors
- Safeguarding and Welfare Manager: Mr Rose

Please **tell one of these safe grown-ups** if something is done or said to you that hurts or upsets you, in school or out of school. They will help you so that you can **feel safe and happy again**.

You can tell a grown-up by:

- Speaking
- Drawing
- Making signs with our hands, face or body
- Showing or pointing to drawings or photos



After telling a safe grown-up, they can help **stop** the bad things happening, and you can be safe and happy again!

Remember that **safe adults** can and will help you to **stay safe and happy** in and out of school.

ST MICHAEL'S ACADEMY IS A SAFE PLACE.