

MENU 3

WC - 10th March, 31st March, 5th May, 2nd June, 23rd June, 14th July

MONDAY

Beef Burger

V - Lentil & Veggie Burger

Fries

Mixed salad

S - Ham Sandwich

JP - Cheese

Summer Berry & Lemon Muffin

Fresh Fruit or Yoghurt



TUESDAY

Sweet & Sour Pork Noodles

V - Quorn Dippers with noodles

Green Beans & Cauli

Crusty Bread

S - Tuna sandwich

JP - Beans

Cheese & Biscuits

Fresh Fruit or Yoghurt



WEDNESDAY

Roast Chicken & Yorkshire Pudding

V - Roast Veg Loaf with Yorkshire Pudding

Carrots & Broccoli

Gravy, Mash & wholemeal bread

S - Cheese Sandwich

JP - Tuna

Chocolate Surprise Cake

Fresh Fruit or Yoghurt



THURSDAY

Creamy Mac & Cheese

V - Vegetable Korma

Peas & Sweetcorn

Homemade garlic bread

S - Tuna Sandwich

JP - Cheese

Summer Crumble Pot

Fresh Fruit or Yoghurt



FRIDAY

Fish Star

V - Pizza Pinwheel

Potato wedges, Ketchup, Veg sticks

50/50 Bread

S - Cheese Sandwich

JP - Beans

Biscuit Swirl

Fresh Fruit or Yoghurt

V=Vegetarian / S=Sandwich / JP=Jacket Potato

THE COLOUR OF THE FOOD CHOICE NEEDS TO BE THE SAME AS THE WRISTBAND