

# **PE and Sport Premium Policy**

#### Introduction

The legacy of the London Olympics 2012 saw the introduction of the Primary School PE and Sport Funding which is focused on securing additional and sustainable improvements in the provision of PE and sport for the benefit of all pupils and to encourage the development of healthy, active lifestyles.

#### Rationale

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day.

#### **Eligibility and funding**

Funding is paid to academies in two instalments usually in November and May and is based on the number of pupils in Years 1-6 in January census.

#### How to use the PE and Sport Funding Premium

School leaders know their schools best and so they have the flexibility to use the PE and Sport Funding Premium in the way that works best for their pupils as long as this provision *is additional and sustainable.* As such, schools should use the funding to:

- Develop or add to the PE, physical activity and sport that is currently provided
- Build capacity and capability with the school to ensure that improvements made now will benefit pupils joining the school in future years.

Schools should use the PE and Sport Premium funding to secure improvements in the following 5 priority areas:

#### 1 Engagement of all pupils in regular physical activity, for example by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes

- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an \*active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

# 2 Profile of PE and sport is raised across the school as a tool for whole school improvement, for example by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

# 3 Increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

# 4 Broader experience of a range of sports and activities offered to all pupils, for example by:

- introducing new sports and physical activities (such as dance, yoga or fitness
- sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school
  in the 3 to 6pm window, delivered by the school or other local sport organisations

# 5 Increased participation in competitive sport, for example by:

- increasing pupils' participation in the School Games initiative
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

#### \*Active mile

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

#### Raising attainment in Primary School Swimming

Swimming is a national curriculum requirement and by the end of key stage, 2 pupils are expected to be able to swim confidently and know how to be safe in and around water.

The 3 national curriculum requirements for swimming and water safety are to:

- swim competently, confidently and proficiently over a distance of at least 25m
- perform a safe self-rescue in different water based situations
- use a range of strokes effectively
- The premium can be used to fund the professional development and training that is available to schools to train staff to support high quality swimming and water safety lessons for their pupils.

 The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety - after the delivery of core swimming and water safety lessons.

#### **Accountability and Responsibilities**

Schools are accountable for the use of their PE and Sport Premium funding and are expected to spend it for the purpose it was provided only.

#### Online reporting

Schools must publish details of how they spent their PE and Sport Premium funding by the end of the summer term, or by 31 July, of each academic year at the latest. Online reporting must include:

- · the amount of premium received
- a full breakdown of how it has been spent
- the impact the school has seen on pupils' PE, physical activity, and sport
- participation and attainment
- how the improvements will be sustainable in the future

Schools are also required to publish the percentage of pupils within their year 6 cohort in the current academic year who met the national curriculum requirement to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

# Trustees are responsible for:

- Holding Trust leaders to account in order to ensure the PE and Sport Premium funding Grant:
  - Develops or adds to the PE, physical activity and sport that is currently provided
  - Builds capacity and capability within the schools to ensure that improvements made now will benefit pupils joining the school in future years.

# The CEO and Deputy CEO are responsible for:

 Monitoring the allocation, implementation and impact of PE and Sport Premium spending for all schools;

### **Local Governing Bodies are responsible for:**

- Agreeing and approving annual PE and Sport Premium statements;
- Ensuring the school meets its statutory responsibilities for PE and Sport funding spending, including publication on the school website.
- Refer to the scheme of delegation for supported schools as approval of PE and Sport Funding Premium spending must be given by the CEO.

#### **Headteachers / Principals are responsible for:**

- Writing annual PE and Sport Funding Statement Pupil Premium statement using suggested guidance and agreed templates;
- Reviewing the PE and Sport Funding statement for the previous academic year using agreed guidance and templates;
- Ensuring agreed strategies are effectively implemented and monitored so that they lead to the desired impact
- Publishing statutory information on the school's website;

• Producing termly updates relating to the use and impact of funding to LGB and the Trust.

## **Teachers and other school staff are responsible for:**

- Ensuring they have an accurate understanding of their role in the implementation of the school's PE and Sport Funding strategy and any personal or pupil barriers to achievement:
- Implement the school's PE and Sport Funding strategy (as appropriate to their role).

#### **Useful links:**

DfE PE and Sports Premium Guidance

Association for Physical Education.

**Swim England** 

**Youth Sport Trust** 

**Active Partnerships** 

**DfE Active Mile** 

**School Games** 

Education hub Blog - how we are helping children stay active through sport and PE

DfE School Sport and Activity Action Plan

**Chief Medical Officer Guidance** 







PE and Sport Premium

School: Christopher Pickering Primary School	<b>Pupils:</b> Y1 – Y6	Funding: £19,570
Academic year or years covered by statement: 2021-2022	Publish date: September 2021	Review date: July 2022
Headteacher: Mrs Jane Marson	Subject lead: Joy Sanford/ Sam Morgan	Governor lead: Mrs Jakki Waters

Priority Area	Intent	Implementation	£	Impact (Success criteria)
3	All teachers to have PE CPD coaching.	<ul> <li>Tigers Trust coaches to work alongside teachers on a 3 week cycle to gain professional development, mentoring and training.</li> <li>Lesson one, Tigers Trust to discuss lesson plan with teacher and then model a highly effective PE lesson.</li> <li>Lesson two, Tigers Trust to work alongside CPPS teacher to plan and deliver a PE lesson.</li> <li>Lesson three, Tigers Trust and CPPS SLT to observe the teacher delivering PE lesson.</li> </ul>	£4000	<ul> <li>Staff confidence to improve after CPD.</li> <li>Most staff to consistently deliver highly affective PE lessons.</li> <li>Staff can plan and deliver a succinct unit of work in line with school's LTP and POS.</li> </ul>

1	Children to have access to an active breakfast club.	<ul> <li>Tigers trust to support T&amp;L in a morning to build up a relationship with children and staff in the 3 week focus class.</li> <li>Tigers trust to run an active breakfast club once a week.</li> <li>Encourage active play first thing in a morning before the school day starts.</li> <li>Targeted activity to engage the least active in physical activity.</li> </ul>	Children attending breakfast club to take part in physical activity in breakfast club at least once a week.
2	All children and staff to be dressed correctly for PE.	<ul> <li>To raise the profile of PE and Sport in the school.</li> <li>All staff and children to feel proud to wear their PE kit and be ready for physical activity both in school and when representing the school locally and nationally.</li> <li>PE and sport embedded into our school.</li> </ul>	ALL staff and pupils to be dressed appropriately for PE.
2	All children in KS2 to have the opportunity to apply for a sports scholarship.	<ul> <li>Children to be given the opportunity to apply for the CPPS scholarship in KS2. This is for children who show sporting aptitude and the scholarship will give them the opportunity to try new sports, they may not otherwise have had the opportunity to experience. Outside club links will be signposted to the children to encourage a lifelong love of a particular sport and opportunities to develop their talents further.</li> <li>This is to be delivered with Sam Morgan and The Tigers Trust.</li> <li>The scholarship will include visits to sporting venues across the city and may require new equipment.</li> </ul>	<ul> <li>30 pupils to take part in the CPPS sports scholarship.</li> <li>50% of the pupils to join an outside club signposted to them from the scholarship.</li> </ul>
4	Children in years 1-6 to take part in mindfulness curriculum lessons plus have the opportunity to take part in an extra curriculum club.	<ul> <li>Coach Liesel, will work with a year group per half term.</li> <li>This is to offer a broader experience of sports/ activities.</li> <li>Children in year 1-6 will all have Qi Gong/ Yoga/ Mindfulness lesson during curriculum time and there will be an opportunity to take part in extracurricular activities.</li> <li>This is to try to engage children in physical activity who may be reluctant.</li> </ul>	<ul> <li>Some of the most reluctant pupils to be engaged in exercise.</li> <li>Children to remember some of the skills learnt in these lessons and use them when needed.</li> </ul>

		<ul> <li>Qi Gong has an aim of lowering stress, anxiety and improving balance and flexibility.</li> </ul>		
1	All children in F2 to take part in Pre pedal skills.		£500	90% of children be able to balance on a balance bike at the end of the 6 weeks.
4	All year 6 pupils to visit Aspire gymnastics.	<ul> <li>All year 6 pupils to visit a dedicated gymnastics facility in the summer term. This is a high-quality venue offer a range of gymnastic disciplines and trampoline for the children to experience.</li> <li>This experience will be a new sport for most of our pupils and hopefully inspire some to take this up as a hobby or sport as well as experiencing a new physical activity.</li> </ul>	£500	<ul> <li>ALL year 6 children to experience a high quality gymnastics venue.</li> <li>20% of pupils to attend holiday sessions or weekly clubs again.</li> </ul>
4	Badminton	<ul> <li>Year 4 children to receive badminton sessions in PE for Curriculum enrichment</li> <li>Extra-curricular badminton club for Y56 children for 6 weeks.</li> </ul>	£450	Children start to attend Hull     Badminton club out of school as a result.
4	Golf Day	<ul> <li>Children from Y1-6 to experience playing golf over the course of two days</li> </ul>	£200	<ul> <li>Children sign posted to junior golf sessions</li> <li>Children to find enjoyment from a new physical activity</li> </ul>
4	Climbing Wall	<ul> <li>F1&gt;Y6 children to have the chance to conquer a climbing wall.</li> </ul>	£1500	<ul> <li>Children to find enjoyment from a new physical activity</li> <li>Children to accomplish a new challenge and a new personal best.</li> </ul>
2	Sports Day experience at Costello Stadium for all.	<ul> <li>At Christopher Pickering we take great pride in our sports day at a local athletics stadium.</li> <li>We hope that this experience will inspire some children to take this up as a hobby after running on the athletics track.</li> <li>We have club links with the local athletics club to signpost our children to.</li> </ul>	£500	<ul> <li>30 pupils to undertake a leadership role during sports day.</li> <li>All pupils year 1 – 6 to take part in one track and one field event at the stadium.</li> </ul>

		<ul> <li>KS2 children take on a leadership role at our KS1 sports day, and many aspire to do this role throughout school.</li> <li>Many ex-pupils take on a leadership role at the KS2 sports day, many of which are compete for the local athletics club after been inspired by their sports day at CPPS.</li> </ul>
4	To be able to travel to competitive events.	<ul> <li>We have a travel budget to enable children to experience a range of competitive sport.</li> <li>Children can compete in inter schools sports as we can fund coaches and mini bus trips to ensure our children can attend events.</li> <li>£1000</li> <li>To take part in 8 interschool competition to meet the Platinum award criteria for the school games.</li> </ul>
5	Membership to the Hull Active Schools partnership.	<ul> <li>Our membership enables us to collaborate and partner a sustainable citywide support structure of physical education, physical activity and school sport. This ensures the health and wellbeing of our pupils.</li> <li>We can take part in many competitions organised by HAS to give our children the experience of competition at a inter school and county level.</li> <li>HAS also provide staff development and CPD.</li> </ul>
1	For all children to be given the opportunity to leave Christopher Pickering able to swim.	<ul> <li>Children to be offered additional swimming lessons if they do not meet the swimming requirements after the core offer.</li> <li>Many of our pupils need additional lessons and this enables us to offer further lessons to those pupils.</li> <li>£3000</li> <li>100% of the children who did not meet the swimming criteria to be offered extra lessons.</li> <li>90% of the current year 6 to meet the swimming criteria.</li> </ul>
1	Support staff able to attend competitions so that our visits staff: child ratios are met.	<ul> <li>To sustain the amount of competitions we attend offering opportunities for children to attend competitions of a range of sports at different venues.</li> <li>To offer a larger range of clubs after school for children to access.</li> </ul> £1500 <ul> <li>At least 8 inter school competitions attended.</li> <li>An afterschool sports club to be offered in each year group each term.</li> </ul>

1- 5	PE co-ordinator time to ensure all of the above happens.	<ul> <li>PE co-ordinators to ensure CPPS pupils are engaged in regular physical activity.</li> <li>PE co-ordinators to ensure the profile of PE and sport to be raised across the school.</li> <li>PE co-ordinators to ensure staff confidence, knowledge and skills are maintained.</li> <li>PE co-ordinators to ensure children are offered a broad experience of sports and activities.</li> <li>PE co-ordinators to ensure we maintain the Platinum School Games award and attend competitive sport.</li> </ul>
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#### Review of PE and Sport Premium 2021 -2022

# Key achievements to date until July 2022

- -All teachers have had a three week block of CPD and lesson visits have shown huge improvements in PE teaching and pupil outcomes.
- -100% of teachers who had CPD marked and increase in at least one area of their knowledge and skills.
- -Active breakfast clubs have been delivered every week and children have had opportunities to be physically active every day.
- -PE and Sport Scholarship Programme has been very successful and there has been a noticeable impact.
- -17children are now attending Hull Badminton Club as a result of a coach delivering sessions in PE and afterschool.
- -Change for Life club has ran daily for years 1-5 (Y6 children have been involved as play leaders)
- -First Steps PE have delivered Balance Bike sessions and 95% of children in FS2 can ride a balance bike.
- -All children in Y6 attended a half day session at Aspire Gymnastics
- -House captains and scholarships students took an active role in delivering our Commonwealth themed sports day.
- -Platinum School Games Mark Achieved.
- -All children in years 5 and 6 who did not achieve 25m had the opportunity for more lessons.
- -79% of pupils said that their confidence or ability in PE had gone up since working with the Tigers Trust
- -150 pupil attended after schools club with Tigers Trust
- -90% of pupil said they enjoyed having additional support from Tigers Trust in the classroom

# Areas for further improvement and evidence to support this

- -Continue promote active travel and work towards Modeshift Stars accreditation.
- -To maintain the schools games platinum awards.
- Continue to deliver bespoke teacher CPD
- -Continue to promote girls football.

Meeting National Curriculum requirements for swimming and water safety - current Year 6 pupils

% of current Year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25m	60%
% of current Year 6 cohort who can use a range of strokes effectively (eg front crawl, backstroke, and breaststroke).	30%
% of current Year 6 cohort who perform safe self-rescue in different water based situations	95%
School used Primary PE and Sport Premium to provide additional swimming over and above national curriculum requirements.	Yes

## Prompts for Headteachers (not for inclusion in policy) – my perspective

I can't find anything that says you must allocate funding to each area (1-5) – initially I think this was an expectation but you know your schools well and where the need is greatest. Focusing on a small number of areas may produce quality results rather than spreading your resources too thinly.

Focus area – one of the 5 areas / indicators for which funding can be used or additional swimming. I'd use the numbers in that column or put additional swimming

- Intent be clear about what you want pupils, to know, be able to do and what they need to consolidate through practice
- Implementation your actions these will be linked to intent
- £ how much is this going to cost
- Success criteria / impact the so what question. Try and make as much measurable as you can

The main form asks for more information – I have tried to reduce it slightly but the evaluation seems much less onerous.

Given the amount of funding, I don't think this form should be overly demanding in terms of time taken to complete.

Focus on additional and sustainable – the latter being after the funding has been removed

Be realistic - don't set yourself up to fail.

Good use is purchase of consultant to work alongside staff to develop them – not do their job or lead or plan curriculum.

Remember to keep a record of swimming attainment, as this is not reported until pupils reach end of Y6 and they may well have been swimming in other year groups! There is no requirement to swim in any specific year group – only in KS2.

Please be wary of employing coaches. That is absolutely not to say do not do it but there is a difference between teaching and coaching. However, you need to be mindful of the aims of the national curriculum and ensure you produce your planning documents — not external coaches. They may well have a key role to play in supporting staff and pupils in developing skills. I think it is reasonable for OfSTED to interview a coach you are employing to support a deep dive in curriculum PE.

You can't use the funding to:

- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - this should be funded from your core staffing budgets
- teach the existing PE national curriculum apart from top-up swimming lessons after pupils' completion of core lessons (or, in the case of academies and free schools, to teach your existing PE curriculum)
- Fund capital expenditure