

A close-up photograph of a child's mouth, smiling broadly to show their teeth. The teeth are white and appear to be primary teeth. The lips are pink and slightly parted. The background is a soft, out-of-focus light color.

*All About Me...*

*...and My Teeth!*

*F2 Explore how to look after their teeth.*



We looked at some photographs of children as they grow and discussed their teeth...

Evie “babies grow teeth”

Asa “he’s got lots of teeth”

Freddie “he has all his teeth”

Oliver “all those teeth are shiny and clean like mine”

Look at our healthy teeth...





We discussed what made the teeth we looked at so 'shiny and clean'...

Charlotte S "they have been brushed"

Ella W "we need to brush our teeth"

Albie "twice a day - two times"

Asa "white teeth means healthy teeth"

Edison "they are brushing their teeth"



We talked about how our grown ups need to help us and why it is important...

Theo “they are brushing their teeth with a grown up”

Rory “they (adults) help so they (children) don’t miss any teeth”

Millie “Mummy brushes mine at night time”

Maria “we brush our teeth at night time”

“my mummy gets my toothbrush and puts  
the toothpaste on for me”

Ella-Evelyn “you do it in the morning too”





We thought about what we all need to brush our teeth and where we clean them...

**Freddie** “I brush mine upstairs in the bathroom”

**Darcie** “brush teeth in the bathroom”

**Peach** “you need a toothbrush and toothpaste”

Grace “I need a brush”

Skylar “you need water”

Rory “you need a mirror” “so you can see  
what you are doing”





We talked about who else helps us keep our teeth healthy...

Freddie “go to the doctors to help”

Charlotte S “a dentist”

Aaliyal “dentists give you stickers and a lolly” (do they?)

Skylar “lollies aren’t healthy”

Leo “lollies are sugary”

We also talked how we should visit the dentist even when we have healthy teeth and how we grow two sets of teeth in our lifetime...



Harlow “they (milk teeth) fall out”

William “then you grow grown up teeth”



We also looked at some  
unhealthy teeth ...

**Lenore** “they haven’t brushed their teeth”

**Albie** “cavities” (what are they?) “black  
bits” (how do you get them?) “when you  
eat fizzy drinks and goodies”



We talked about what our  
teeth do for us...

Rellie “teeth crunch”

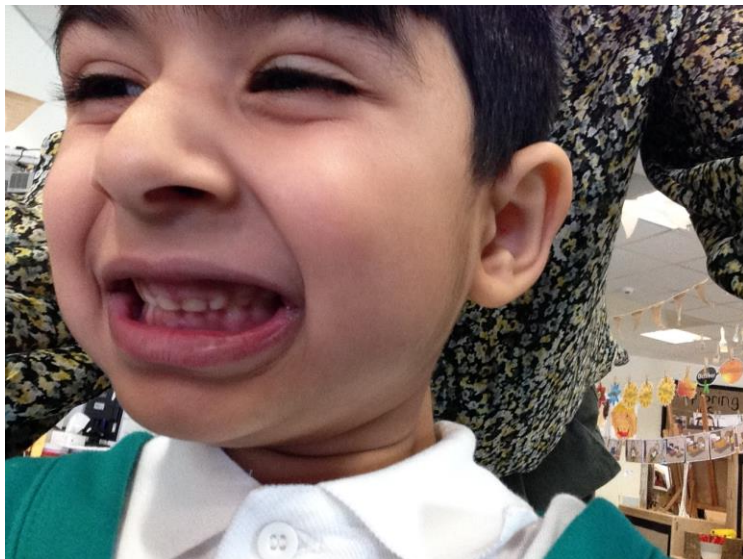
William “they smile”

Jamie “they eat”

Allayah “help us talk”

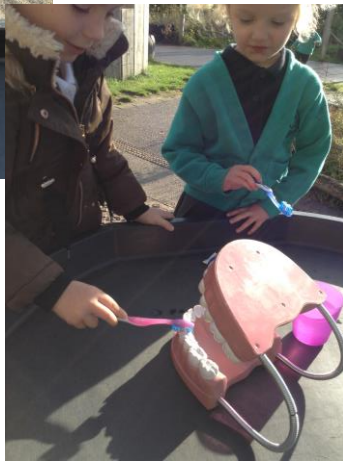
Brandon “teeth bite an apple”

# Our healthy teeth selfies...





Ready to practise cleaning teeth?



Good work!  
Keep it up.



How often do you brush your teeth?

Who checks them to make sure they are clean? Fill in the chart over the holidays. Let's see how well you do!

	 morning	Who checked?	 bedtime	Who checked?
Saturday				
Sunday				
Monday				
Tuesday				
<del>Wednesday</del>				
Thursday				
Friday				
Saturday				
Sunday				

Bring this sheet back on Monday 1<sup>st</sup> November to share.



All the children were sent home with a new toothbrush and brushing chart for the holidays. Let's hope they have remembered everything that we have learned and cleaned their teeth carefully twice a day!