When you double a number you add it to itself. Use your fingers on both hands to help you...

Double 1 is ___   1 + 1 = ___

Double 2 is ___   2 + 2 = ___

Double 3 is ___   3 + 3 = ___

Double 4 is ___   4 + 4 = ___

Double 5 is ___   5 + 5 = ___

If you find it a bit tricky why don't you set out some of your toys and count them carefully.
If you find it easy can you find out double 6 to double 10? Write out the number sentences.

Can you halve numbers too?   Remember that half is the opposite of a double...

Double 1 is 2   Half of 2 is 1

Double 2 is 4   Half of 4 is __

Double 3 is __   Half of __ is __

Double 4 is __   Half of __ is __

Double 5 is __   Half of __ is __

Can you write out the number sentences for the halving statements?   Half of 2 is 1. 2 – 1 = 1.   Have a go!