

SPORTS RELIEF 2020

HEART, BODY AND SOUL DAY

HEART

ACTIVE MILE, WHAT HAPPENS TO OUR BODIES?



FOUNDATION STAGE - HEART



YEAR 1/2 - HEART



YEAR 3/4 - HEART



YEAR 5/6 - HEART

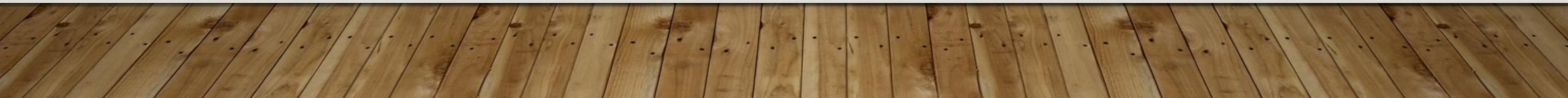


BODY

COOKING SOMETHING HEALTHY



FOUNDATION STAGE – BODY VEGETABLE SOUP



YEAR 1 - BODY



YEAR 2 – BODY

BANANA MILKSHAKES



YEAR 3 – BODY FRUIT KEBABS



YEAR 4 – BODY FRUIT KEBABS



YEAR 5 – BODY GRANOLA POTS



YEAR 6 – BODY SOUP AND CURRY



SOUL YOGA AND MINDFULNESS



FOUNDATION STAGE - SOUL



YEAR 1 - SOUL



YEAR 2 - SOUL



YEAR 3 - SOUL



YEAR 4 - SOUL



YEAR 5 - SOUL



YEAR 6 - SOUL



THE HUB

